

Iowa 8th District
Box 10722
Cedar Rapids, Iowa 52410-0722
www.aa-cedarrapids.org

Area 24
Box 1291
Des Moines, Iowa 50305
www.aa-iowa.org

General Service Office
Box 459, Grand Central Station
New York, New York 10163
www.alcoholics-anonymous.org

District 8 Meeting Minutes December 18, 2023

The meeting was called to order @ 7:00 PM by DCM (Kyle T.)

Non-AA / Non-District Announcements

- A couple verbal reports were given, but no written reports submitted.

The Serenity Prayer

Welcome New GSRs / Alt GSRs

- Matt F. and Emily O. from Foxhall Group

The Agenda

- Ray C. moved to approve the Agenda
 - ✓ Motion seconded by Wes Y.
 - ✓ Motion adopted

OFFICER REPORTS

Secretary – Todd H. (secretary@aa-cedarrapids.org)

- Ray C. moved to approve the Agenda
 - ✓ Motion seconded by Lynn M.
 - ✓ Motion adopted

Good evening District 8!

I have nothing new to report this month. Please let me know if there is anything that I may have missed in last month's minutes and if anyone has not yet received correspondence from me.

Yours in Love and Service,
Todd
Cell: 319-310-2730

Treasurer – Troy F. (treasurer@aa-cedarrapids.org)

- ❑ Sheryl T. moved to approve the Agenda
 - ✓ Motion seconded by Alan G.
 - ✓ Motion adopted

Greetings District 8,

Here is my report for the month of December 2023...

Our starting balance for this reporting period was \$2635.74.

Total debits for the month amounted to \$346.50 including a payment to AnswerIowa of \$248.24. CenturyLink was paid \$48.26. Dreamhost was paid \$5.00 for our Domain registration. Archives cashed checks for September expenses and for Fall Conference Registration totalling \$45.00.

Total deposits for the month amounted to \$1065.00. There were 9 group contributions of \$765.00, and Al Anon contributed \$300.00 for annual Answer Plus. Our ending balance is \$.3354.24

Our prudent reserve is \$1,500.00 which leaves us an available balance of \$1854.24.

Our literature account has a balance of \$80.63

28 of 72 Groups in District 8 (39%) have contributed to our District fund in FY23.

AA Late NightAn

Anamosa Group

Coggon Grace Group

Early Birds Upstairs

Early Bird Welcome

Foxhall

Friday Night Unity

Happy Hour

Kenwood

Marion Friday Night

Mercy Group

New Beginnings

There Is a Solution

West Highlands

AA Group

By the Big Book

Dam Meeting

Early Birds Upstairs Zoom

For Those That Want It

Friday Night Hope

Full Measures

Heard It Through the Grapevine

Last Call

Marion Midweek

Neighborly Group

Sunday AM Breakfast

Unity Noon Serenity Seekers

Women's Fellowship Club

Thank you for the opportunity to be of service,

Troy F.

District 8 Treasurer

Alternate DCM – Josh H. (altdcm@aa-cedarrapids.org)

Hello District 8,

I apologize for tonight's absence. I didn't realize that I would not have any time off in between school sessions and I have a 4-week class starting tonight. I expect to be at next month's meeting.

Last month's meeting attendance was 39 total, with 21 GSRs and 11

service chairs in attendance.

Everyone please be sure to sign in. The sign in sheet is located by the door on the table with the announcements.

Please email me any changes that need to be applied to the printable, electronic and virtual meeting lists.

I am forwarding new meeting information to our District Technology Chair so they can keep our meeting list updated on the District 8 website. I am also forwarding all meeting change information to the Area 24 Alternate Delegate to keep the Area meeting list updated.

Please take a moment to check the Area 24 meeting list, the District website's meeting list, and District 8's printable meeting list for any corrections regarding times, locations, and type of meeting, i.e. Open/Closed, or Zoom/In Person. Thank you.

If your group has made any changes, including new GSR, Alt GSR, or both, and has not submitted a group change form, please do so at your earliest convenience. Group change forms are available on the District 8 website as well as on the table with the sign in sheet and announcements.

I have an outstanding action item to make a follow up draft for the Corrections flyer. I will have something to Alan and a couple other active Corrections volunteers for them to review within the following weeks.

In Service,

Josh H.
Alternate DCM
District 8
altdcm@aa-cedarrapids.org
402.309.9850

DCM – Kyle T. (dcm@aa-cedarrapids.org)

Greetings District 8

- ❖ Since we last met, I attended the following meeting and events:
 - I attended the Mercy Group Meeting at The Gratitude Club Saturday December 2nd at 12pm
 - I attended The Sunday Night Primary Purpose Zoom Meeting Sunday December 3rd at 7pm

I am planning on attending all of the listed meetings in District 8 during my term. If you'd like me to attend your homegroup before our next District Meeting please let me know.

Nothing else to report

Kyle Taylor
District 8 DCM
Cell: (319) 651-7765
Email: dcm@aa-cedarrapids.org

COMMITTEE CHAIR REPORTS

Grapevine – Jean R. (grapevine@aa-cedarrapids.org)

December Grapevine Report - 2023

The AA Grapevine Holiday Gift Subscription Sale is still on till the end of December 2023.

You or your AA Home group can give a gift of an AA Grapevine magazine subscription and add additional gift subscriptions for only \$13... a savings of 55% off the regular price!

To participate, you may go to the following link:

<https://www.aagrapevine.org/2gifts>

Or Order by phone

Thank you for allowing me to serve you,
Jean R., District 8 Grapevine Chair

Cooperation with the Professional Community – Jeff B. (cpc@aa-cedarrapids.org)

Jeff was unable to attend.

Archives – Lynn M. (archives@aa-cedarrapids.org)

Season's Greetings District 8!!

1) Sorting and organizing continues in Archives Land. After the first of the year you too can join us on the road thru the Archives Friday at Marion Industrial Club after Friday Unity Group which starts at 8pm.

2) Forms you can get online at aa-cedarrapids.org business documents

a) Group History form (2pgs)

b) Suggestions on writing Group Histories

c) Researching AA Group Histories (2pgs)

I do have a few tonight.

3) 27th Annual AA Archives Workshop. September 26-29,2024. DesMoines, IA
NAAAW.org for information.

4) I've been in contact with a few members concerning Group Histories, thank you for your support!!

In Love and Service, Lynn M.

319-431-4855

archives@aa-cedarrapids.org or

lynnm1988@gmail.com

Tech Chair – Dave G. (tech@aa-cedarrapids.org)

The tech committee met in person at the West Highlands Anniversary Dinner on November 27, 2023. Present were committee members Dave G. and Jess Z. We discussed a request to add volunteer sign-up capability to our web page and decided there was not enough demand to justify. We also decided to add District 8 minutes to the website.

Since our last district meeting the following were posted to the website: the December newsletter, Sunday morning breakfast meeting at Industrial Club anniversary, updated flyer for Cedar River Roundup, and updated flyer for the National AA Archives Workshop. All old flyers have been removed as of yesterday. The meeting place for the District 8 meetings was updated.

The plan is to add District 8 meeting minutes from January of 2023 to current. We expect this to be done within the next month.

We will continue to upgrade the website and strive to make it as accessible and up to date as possible. Please continue to give me any updates of upcoming events so I can place them on our website. If you see any errors or improvements that need to be made with the website, please direct them to me.

In my capacity as tech committee chair, please let me know if there is anything I can do to help you.

Our website had 532 distinct tracked users in the past 30 days, down from 645 last month.

Our next District 8 Tech Committee meeting is Monday, January 8 at 7 pm by Zoom.

Respectfully submitted,

Dave G.

District 8 Tech Chair / Webmaster
tech@aa-cedarrapids.org

Treatment – Jeremy M. (treatment@aa-cedarrapids.org)

Gave a verbal report.

Public Information – Mark S. (pi@aa-cedarrapids.org)

Gave a verbal report, which included some Anser Iowa call log data.

Newsletter – Diane N. (newsletter@aa-cedarrapids.org)

The January newsletter is almost complete and will be sent by weeks end. In 2024 each month will highlight a step, someone will submit their experience with it. We still have a few steps open (6 &7) if you're interested in being If service this way. If anyone has any ideas or information they'd like to see in future newsletters please let me know. Thank you to Emilee G for reviewing each months newsletter and to all those who submit articles and ideas. If you'd like to sign up to receive the monthly newsletter or have suggestions please email newsletter@aa-cedarrapids.org. Season's Greetings to all!

In Service,
Diane N

Literature – Ben L. (literature@aa-cedarrapids.org)

Ben is unable to attend this evening, but reported that he doesn't have anything of substance to report.

Corrections – Al G. (corrections@aa-cedarrapids.org)

December correctional report

We still meeting at Anamosa reformatory and no cancelation this past month (Tuesday at 4:00pm). Requirement are: You have to do a 90 minute training at prison and prea yearly to attend meetings. They will notify you with a letter about training. You will need to notify Alan Garlow at (319)202-8321 to get on a list at the time. You can call Alan Garlow at (319)202-8321 for application or send a message to amy.christianson@iowa.gov to requests an application via hyper link by email.

I attend the Thursday night meeting at the Wentzle center and going well. Any male is welcome to attend the meeting at 6:00am Thursday. David reported jail doing well and He could use outside support. Karla reported the women jail meeting is going well. She could use more. Requirement need 2 years sobriety, sponsored, and worked the 12 steps. You

can get hold of Karla. Angie still working on women center meeting and will try to meet with the director and about time and place.

Hope w everyone has a merry Christmas and a happy new year,

Yours in service;

Alan Garlow (district 8 correctional chair.)

Guidelines (Not asked to report monthly) – Joe P. (archives@aa-cedarrapids.org)

UNFINISHED BUSINESS

- N/A

NEW BUSINESS

- Motions:

- ❖ We move that the District 8 DCM appoint a committee, chaired by the District Tech Committee Chair, to investigate alternatives to Anser Iowa for the District Hotline
 - By The Big Book Group
 - 2nd by Wes Y.
 - Discussion took place.
 - Ray C. moved to call the question, 2nd by Mark S.. The body voted and the motion to call the question passed.
 - Body then voted on original motion and it passed.
 - Dave G will be chairing the committee. They will be meeting via zoom January 8th, 2024 at 7:00pm.
- ❖ I move that District 8 ask Al-Anon to increase their annual contribution for Anser Iowa from \$300 to \$700.
 - Troy F.
 - 2nd by Jess Z.
 - Discussion took place and motion failed. The minority voice declined to speak.

GROUP REPORTS

- Several Groups gave oral reports.
- Kenwood Group

✓ Hello and Good Evening!

I'm Kristin and I'm an alcoholic. I am the GSR for Kenwood Group. We meet every Tuesday night at 8PM at Kenwood Park Methodist Church. We raffle AA-approved literature the last Tuesday of every month. The winner of the drawing chooses from a selection of books we have on hand. And shares are based upon your raffle number.

> If you would like to make Kenwood your home group, our business meetings occur quarterly on the last Tuesday of the month at 7PM before our regular meeting. Our next business meeting will occur January 30, 2024.

> We have no members picking up annual chips in December, but we celebrate the chips we hold.

> Have a Happy and Festive Holiday Season!

In Gratitude,
Kristin H

- ❑ Friday Night Unity Group:
 - ✓ Alan G. will be receiving his 36 year chip Friday December 29th and it will be an Open meeting (this night only).
- ❑ Basic Text Group:
 - ✓ We meet Thursdays at 6pm at Grace Episcopal Church on A Ave. This Thursday 12-21 Kelly F will celebrate 26 years of continuous sobriety. Come and join us!
 - Angie H.
- ❑ Sunday morning breakfast meeting:
 - ✓ Hello District 8,

My name is Jesseca and I'm an alcoholic, GSR for the Sunday morning breakfast meeting which meets at the Industrial Club, every Sunday morning at 8:30 a.m. after the industrial Club's breakfast. We have been averaging 25 alcoholics for our big book discussion mtg. We are family friendly, allowing children to occupy themselves during the meeting in the front room and hold an open meeting the last Sunday of the month so that our non-alcoholic family members can share with us the miracle of recovery.

Upcoming anniversaries are :

December 31st Craig O - 28 years
 January 7th Michelle C - 7 years
 January 14th Jared & Mindi 6 mo
 January 14th Jesseca Z - 5 years
 January 21st Carlie S - 6 years
 January 28th Kurt B - 41 years

Don't forget to mark your calendars, January 7th, the first Sunday in January, we will be celebrating 46 years of the Sunday morning breakfast meeting!! We will be hosting a free breakfast along with a drawing! Someone will win free breakfast every Sunday morning for a year. Spread the word and come celebrate with us or join us any Sunday morning!

In love and service,

Jesseca Z

Upcoming Events

- ❑ Next District Meeting
 - ✓ January 15, 2024 @ 7 PM
 Unity Center of Cedar Rapids
 3791 Blairs Ferry Rd NE
 Cedar Rapids, IA 52402
- ❑ Area 24 January Service Weekend (Held at a new location)
 - ✓ January 13, 2024 @ 8:30 am - January 14, 2024 @ 5:00 pm
 MACC (Marshalltown Arts & Civic Center)
 709 S Center St.
 Marshalltown, IA 50158
- ❑ West Central Regional AA Service Conference
 - ✓ March 1, 2024 @ 8:00 am - March 3, 2024 @ 5:00 pm
 Grand Hotel Minot ND
 1505 North Broadway Minot, ND 58703
- ❑ 2024 Area 24 Spring Conference
 - ✓ (June 7 - 9, 2024) at Dort University, 700 7th St NE, Sioux Center, IA 51250

Tradition XII (Troy F.)

Short Form: Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

Long Form: And finally, we of Alcoholics Anonymous believe that the principle of anonymity has an immense spiritual significance. It reminds us that we are to place principles before personalities; that we are actually to practice genuine humility. This to the end that our great blessings may never spoil us; that we shall forever live in thankful contemplation of Him who presides over us all.

Next Meeting: Concept I (Wes Y.)

Short Form: Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

Long Form: The final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

Adjournment

- Jeremy M. moved to adjourn, 2nd by Caleb S., motion passed.
- DCM adjourned the meeting @ 8:03PM

Greeter(s) for next month – Caleb S.

Closing

- Closed with the Lord's Prayer

Next District 8 Business Meeting

- January 15, 2024 @ 7 PM
Unity Center of Cedar Rapids
3791 Blairs Ferry Rd NE
Cedar Rapids, IA 52402