

Iowa 8th District
Box 10722
Cedar Rapids, Iowa 52410-0722
www.aa-cedarrapids.org

Area 24
Box 1291
Des Moines, Iowa 50305
www.aa-iowa.org

General Service Office
Box 459, Grand Central Station
New York, New York 10163
www.alcoholics-anonymous.org

DISTRICT 8 MEETING MINUTES

February 20, 2023

The meeting was called to order @ 7:02 PM by DCM (Kyle T.)

Non-AA / Non-District Announcements

- N/A

The Serenity Prayer

Welcome New GSRs / Alt GSRs

- Jessica – Sunday morning Industrial Club
- Bob – Mercy Group

The Agenda

- Troy F. moves to approve the Agenda
 - ✓ Motion seconded by Valerie
 - ✓ Motion adopted

OFFICER REPORTS

Secretary – Todd H. (secretary@aa-cedarrapids.org)

- Ray S. moves to approve the Secretary Report
 - ✓ Motion seconded by Mark S.
 - ✓ Motion adopted

Greetings District 8, nothing to report this month! Please let me know if anyone needs to be added to the email list.

Yours in Love and Service,
Todd

Treasurer – Troy F. (treasurer@aa-cedarrapids.org)

- Treasurer Report attached
- Ray C. moves to approve the Treasure Report
 - ✓ Motion seconded by Mark S.
 - ✓ Motion adopted

Hello,

Here is my report for the month of January, 2023...

Good evening District 8,

Our starting balance for this reporting period was \$4,303.79.

Total debits for the month amounted to \$638.87 including a payment of \$232.19 to AnserPlus. CenturyLink was paid \$45.51. Zoom was paid \$15.89 for the monthly subscription. Allegra was paid \$11.02 for minimal updates to the meeting list. \$157.26 was paid to DreamHost to cover the annual fee for our website hosting. Finally, the DCM received a “pre-imburement” of \$177.00 to cover mileage and hotel during the trip to Marshalltown. Total deposits for the month amounted to \$250.00 consisting of 3 group contributions. Our ending balance is \$3,914.92.

Our prudent reserve is \$1,500.00 which leaves us an available balance of \$2,414.92.

Our literature account has a balance of \$697.32

Previous Actions Items:

None
NEW BUSINESS:
Proposed 2023 Budget

MONEY TALKS

The monetary amount of each contribution is secondary to the spiritual connection that joins us in unity with A.A. groups around the world.

32 of 71 Groups in District 8 (45.07%) have contributed to our District fund in FY22.

An AA Group
Anamosa Group
Basic Text
By the Big Book
Center Point AA
Coggon Grace Group
Crossroads
DAM Meeting
Early Birds Upstairs Zoom
Early Bird Welcome
For Those Who Want It
Foxhall
Friday Night Hope
Full Measures
Happy Hour
Kenwood
Keystone Kwitters
Last Call
Marion Midweek
Mercy Group
Monday Night Big Book
Neighborly Group
New Beginnings
Pass It On
S.O.S. Young People
Sunday Niters
There Is a Solution
Unity Noon Serenity Seekers
West Highlands
Women Into Action
Womens 12x12
Women's Fellowship Club

Thank you for the opportunity to be of service,
Troy F.
District 8 Treasurer

Alternate DCM – (altdcm@aa-cedarrapids.org)

Last month's meeting attendance was 29 total, with 16 GSRs and 11 service chairs in attendance.

Everyone please make sure to sign in. The sign in sheet is located by the door on the table with the announcements.

Please email me any changes that need to be applied to the printable, electronic and virtual meeting lists. I have been forwarding new meeting information to our Webmaster so he can keep the electronic meeting list updated. I am also forwarding all meeting change information to the Area 24 Alternate Delegate to keep the Area meeting list updated. I continue to keep record of all changes affecting the printable meeting list in an email draft that I will send to Alegra Printing when it is time for our next quarterly update. If your group has made any changes, including new GSR, Alt GSR, or both, and has not submitted a group change form, please do so at your earliest convenience. Group change forms are available on the District 8 website as well as on the table with the sign in sheet and announcements.

In Service,

Josh H.
District 8 Alt. DCM
Email: altdcm@aa-cedarrapids.org
Cell: 402.309.9850

DCM – Kyle T. (dcm@aa-cedarrapids.org)

Greetings District 8

- ❖ Since we last met, I attended the following meeting and events:
 - I spoke at An AA Group Jan. 26th - 8 am Sun-Fri
 - Monday Night Last Call - Veritas 9 pm Mondays
 - New Beginnings - Fellowship Club 7 pm Tuesdays
 - Kenwood - Kenwood United Methodist Church 8 pm Tuesdays
 - Foxhall - Unity Center 7 pm Wednesdays
 - Shoulder to Shoulder (Mens) Wenzel Center 6 pm Thursdays
 - Pass It On - Fellowship Club 7 pm Fridays
 - I spoke at Full Measures Speaker Group Feb. 3rd - Cedar Hills Church 7 pm Fridays
 - Neighborly Group - Gratitude Club 7pm Saturdays
 - I also attended the 2023 Cedar River Roundup (*LET'S GO*) As usual the committee did a great job and put on an amazing conference.

I am planning on attending all of the listed meetings in District 8 during my term. If you'd like me to attend your homegroup before our next District Meeting please let me know.

- ❖ I will be attending the West Central Regional A.A. Service Conference the first weekend in March with our Alt DCM and Treasurer.
- ❖ I have a list of the agenda items and most of the background information, (missing literature). Once I have all the background info I will be emailing the items and the info to correlating chair positions to review, and present, at our supplemental meeting in March.

In Service,

Kyle Taylor
District 8 DCM
Cell: (319) 651-7765
Email: dcm@aa-cedarrapids.org

COMMITTEE CHAIR REPORTS

Tech Chair – Dave G. (tech@aa-cedarrapids.org)

The tech committee met by Zoom on January 23, 2023. Present were committee members Nathan D., Jason B., and Jen D. We discussed these matters:

1. We created a test email address to test the email through DreamHost. Our committee will use that to run tests on the email system.
2. We will continue to ask for feedback from the district and listen to any concerns about the email system.
3. Nathan successfully set backups of our website. They will be done weekly to Google Drive.
4. Credit card information was obtained from our district treasurer and was updated for DreamHost and GoDaddy.
5. We will continue to check out other district's websites for ideas.

Since the last district meeting the following actions were taken:

1. On February 14 the district guidelines were updated, the login information for the Full Measures Group was corrected, and the Aim for Ames flyer was updated.
2. On February 19 the events page was updated to reflect only upcoming events.

Please give me any updates of upcoming events so I can place them on our website.

In my capacity as webmaster, please let me know if there is anything I can do to help you.

Our website had 611 distinct tracked users in the past 30 days, up from 601 last month.

Respectfully submitted,

Dave G.

District 8 Tech Chair / Webmaster

tech@aa-cedarrapids.org

Treatment – Jeremy M (treatment@aa-cedarrapids.org)

Nothing to report this month.

Thanks,

Jeremy

Public Information – Mark S. (pi@aa-cedarrapids.org)

Received a report from Stacy at Answer Plus, showing all the incoming and outgoing calls they received in the past 6 months. Nathan D. put the report into an easy to read format for us. Please see his reports attached with the minutes. Thank you Nathan!

Newsletter – Rose S. (newsletter@aa-cedarrapids.org)

Rose S. was elected as our new Newsletter Committee Chair.

Literature – Randy N. (literature@aa-cedarrapids.org)

Hello District 8. I attended the Cedar River Roundup. There was \$332 in Literature purchased. I will be depositing that in the account on Tuesday Feb 21 due to the bank being closed today. If any groups or individuals would like to purchase any Literature please email me or call/text me.

Randy N

Literature Chair Dist 8

Grapevine – Jean R. (grapevine@aa-cedarrapids.org)

District 8 Grapevine Report

AA Grapevine Magazine Drive

Some of you may remember that last December I announced a Grapevine Magazine Drive for the purpose of distributing Grapevines at the February Cedar River Round Up and for the purpose of also distributing GV Magazines to 3 local recovery places, ASAC, The Heart of Iowa and the Safe Place Foundation.

At the January District 8 Meeting, I showed up with a basket and it sat empty on the table. At this point I had to make a decision to sit quietly and not talk about the empty basket or tap into my higher power to gain the courage to see the unseen.

I refused to believe the appearances of the empty basket and spoke truth to the District that I believed that the donation basket would overflow with donations at the round up.

With the grace of God and the grace of our District 8 groups and members, the donation basket did overflow with donations of the Grapevine Magazine of over 186 Grapevines.

We are so blessed to be a part of such a wonderful district, thank you all so much District 8. Thank you God for the fantastic manifestation of your love and grace.

AA Grapevine Meet & Greet Information

Our Iowa Area 24 Grapevine Representative Josh J. is having a "Meet and Greet" meeting on zoom for Iowa's District GVR's and Meeting GVR's.

The event will be hosted by the EBUZ zoom meeting: <https://zoom.us/j/807716078#success> and held on: Wednesday March 8, 2023 at 6:30 in the evening. If you are interested in serving A.A. as a Grapevine Magazine Representative for your AA meeting, please see after the meeting or text me at: (661) 433-9507

To register as a meeting grapevine representative click on the link below: <https://www.aagrapevine.org/get-involved/become-grapevine-rep>

Thank you.

In Love and Service,

Jean R., District 8 Grapevine Representative

Corrections – Jim H. (corrections@aa-cedarrapids.org)

No report.

Cooperation with the Professional Community – Jeff B. (cpc@aa-cedarrapids.org)

Greetings District 8:

Hello District 8!

District 8's C.P.C. Committee wants you (and other interested AAs) to join me for an informal, informational Zoom meeting on a date TBD, the week of March 20, 2023. I am asking for all interested AAs to contact me at the district email address (cpc@aa-cedarrapids.org) between now and March 13, so I can communicate with those interested and nail down a date and time that works for as many people as possible. I am excited to get to work with and for District 8!

Yours in service,

JB

Archives – Lynn M. (archives@aa-cedarrapids.org)

No report.

Guidelines – Joe P. (archives@aa-cedarrapids.org)

Greetings District 8 –

Although I will not be, generally speaking, providing a report each month, I did want to lay out for the District what the Guidelines Chair does, and the specific work I will be undertaking over this current term.

The Guidelines chair maintains two documents:

1. The District 8 Guidelines – which can be found on the District 8 website under the “District Business Docs” tab.
2. The “SOP” documents, which describe, briefly, what work each service position in District 8 involves.

The Guidelines are just that – guidelines and not laws. They are a location where major decisions from past District meetings are recorded, providing the current body with guidance based on past experience. While these are the assumed starting positions for how current situations are to be handled, motions can be made to ignore the guideline in question, change the guideline permanently, or even simply remove it. Care should be taken around these guidelines, though, as they represent the strength of prior experience.

”SOP” stands for “standard operating procedures”, and are really a very high-level description of the work done by, and requirements to stand for a specific service position in District 8.

During District 8 business meetings, any member of the body can request to have the Guidelines Chair look into whether a specific issue has a relevant guideline, or to clarify what an existing guideline actually is. The Guidelines Chair is less of a rulemaster, and more of a reference resource and decision archivist.

Over the current term I will be working to update the current guidelines to ensure that the most recent decisions are included. I will also be working with an ad hoc committee, at some point, to review the current guidelines and see where there may be recommendations for updates, clarifications, or changes.

Additionally, I will be working to clean up the current “SOP” docs, and get those posted to the District 8 website.

Thanks for the opportunity to serve.

Joe P.

District 8 Guidelines Chair

UNFINISHED BUSINESS

- District 8- 2023 Spring Conference Update
 - No report
- Ray C. moves to approve the 2023 Financial Budget by Troy F.
 - ✓ Motion seconded by JD
 - ✓ Motion adopted
- Report regarding call activity into our hotline and the referrals to AA members over the past 2 years by Mark S.
 - ✓ Please find the report (with the help of Nathan D.) attached in minutes.
- Newsletter Chair nominations.
 - ✓ Rose S. elected as chair and JD agreed to serve on the committee.

NEW BUSINESS

- Troy F. moves that our DCM be reimbursed for registration, food, lodging and mileage to travel to Omaha for the West Central Regional Conference in March.
 - ✓ Motion seconded by Dave G.
 - ✓ Motion adopted
- District 8 review of this year’s General Service Conference Agenda items.

- ✓ Veritas approved us having our supplemental meeting to cover agenda items March 6, 2023 at 6 pm in the same room that we conduct the District Meeting.

GROUP REPORTS

- EBUZ
 - ✓ Rachel D, 1 year, 3/1/2023
- Sunday Morning Industrial Meeting
 - ✓ Hello District 8!

My name is Jesseca, and I am an alcoholic.

I am the new GSR for the Sunday Morning Industrial meeting. Our meeting is held on Sunday mornings at 8:30 am following the Marion Industrial Club's Sunday breakfast. We hold a closed meeting (last Sunday of the month is open), with a discussion format. We do not follow the traditional 60-minute suggested time length and our meetings can, but don't always last up to and beyond 90 minutes at times. We average 22 attendees with a wide range of sobriety and good balance of men and women.

Today we have a District donation of \$200.00.

Our upcoming Anniversaries are:

- Mike M. aka "California Mike" will celebrate 11 years on March 5th
- Chris and Cody S. will celebrate 16yrs on March 12th

In Loving Service,
Jesseca Z.

Upcoming Events

- General Service Conference Agenda items discussion at Veritas Church
 - ✓ March 6, 2023 at 6 pm
- Service weekend in Marshalltown is March 18th - 19th at The Best Western in Marshalltown.
- District 8 Monthly Business Meeting
 - ✓ March 20th – Veritas Church

Tradition II (Tom C.)

For our group purpose there is but one ultimate authority...a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants...they do not govern.

Next Meeting: Tradition III (Angie H.)

Short Form: The only requirement for A.A. membership is a desire to stop drinking.

Long Form: Our membership ought to include all who suffer from alcoholism. Hence we may refuse none who wish to recover. Nor ought A.A. membership ever depend upon money or conformity.

Adjournment

- DCM adjourned the meeting @ 8:25 PM

Closing

- Closed with the Lord's Prayer

Next District 8 Business Meeting

- March 20, 2023 @ 7 PM
 - ✓ Veritas Church – 509 3rd Street SE