

**Iowa 8th District**  
Box 10722  
Cedar Rapids, Iowa 52410-0722  
[www.aa-cedar-rapids.org](http://www.aa-cedar-rapids.org)

**Area 24**  
Box 1291  
Des Moines, Iowa 50305  
[www.aa-iowa.org](http://www.aa-iowa.org)

**General Service Office**  
Box 459, Grand Central Station  
New York, New York 10163  
[www.alcoholics-anonymous.org](http://www.alcoholics-anonymous.org)

## **DISTRICT 8 MEETING MINUTES**

### **March 20, 2023**

The meeting was called to order @ 7:00 PM by DCM (Kyle T.)

#### **Non-AA / Non-District Announcements**

- N/A

#### **The Serenity Prayer**

#### **Welcome New GSRs / Alt GSRs**

- N/A

#### **The Agenda**

- Tony A. moves to approve the Agenda
  - ✓ Motion seconded by Mark S
  - ✓ Motion adopted

### **OFFICER REPORTS**

#### **Secretary – Todd H. ([secretary@aa-cedar-rapids.org](mailto:secretary@aa-cedar-rapids.org))**

- Ray S. moves to approve the Secretary Report
  - ✓ Motion seconded by Mark S.
  - ✓ Motion adopted

Nothing to report this month.

Yours in Love and Service,  
Todd

#### **Treasurer – Troy F. ([treasurer@aa-cedar-rapids.org](mailto:treasurer@aa-cedar-rapids.org))**

- Treasurer Report attached
- Joe P. moves to NOT approve the Treasurer's Report
  - ✓ Motion seconded by Lynn M.
  - ✓ Motion adopted
- Note: The plan is to accept this with a few amendments next month.....*

Hello,

Here is my report for the month of March, 2023...

Good evening District 8,

Our starting balance for this reporting period was \$3722.53

Total debits for the month amounted to \$853.08 including the following debits to DCM for travel to the West Central Regional Conference 88.16 for hotel and registration, 110.60 for meals, and 243.00 for mileage. The following reimbursements to DCM for Area business meeting in Marshalltown 123.75 for motel, 70.00 for mileage, and 17.83 for meals. The DCM was also reimbursed for 5.79 for copies. A payment of \$219.35 to Answer Iowa. CenturyLink was paid \$46.54. Zoom was paid \$15.89 for the monthly subscription.

Total deposits for the month amounted to \$475.00 consisting of 5 group contributions.. Our ending balance is \$3,256.62

Our prudent reserve is \$1,500.00 which leaves us an available balance of \$1756.62.

Our literature account has a balance of \$636.79

### **Alternate DCM – ([altdcm@aa-cedarrapids.org](mailto:altdcm@aa-cedarrapids.org))**

Last month's meeting attendance was 33 total, with 18 GSRs and 10 service chairs in attendance.

Everyone please make sure to sign in. The sign in sheet is located by the door on the table with the announcements.

Please email me any changes that need to be applied to the printable, electronic and virtual meeting lists. I have been forwarding new meeting information to our Webmaster so he can keep the electronic meeting list updated. I am also forwarding all meeting change information to the Area 24 Alternate Delegate to keep the Area meeting list updated. I continue to keep record of all changes affecting the printable meeting list in an email draft that I will send to Alegra Printing when it is time for our next quarterly update. It is time for the next quarterly meeting list update. Please have all meeting list change information to me by Wednesday of this week.

If your group has made any changes, including new GSR, Alt GSR, or both, and has not submitted a group change form, please do so at your earliest convenience. Group change forms are available on the District 8 website as well as on the table with the sign in sheet and announcements.

In Service,

Josh H.  
Alternate DCM  
District 8  
[altdcm@aa-cedarrapids.org](mailto:altdcm@aa-cedarrapids.org)  
402.309.9850

### **DCM – Kyle T. ([dcm@aa-cedarrapids.org](mailto:dcm@aa-cedarrapids.org))**

#### **Greetings District 8**

- ❖ Since we last met, I attended the following meeting and events:
  - The West Central Regional Conference in Omaha
  - I facilitated the supplementary District Meeting to discuss Agenda Items March 6th
  - I also attended the March Service weekend this past Saturday and Sunday

**I am planning on attending all of the listed meetings in District 8 during my term. If you'd like me to attend your homegroup before our next District Meeting please let me know.**

- ❖ I have been through the agenda items for this year's General Service Conference three times this month. I have digital copies of Agenda Items, Agenda Item topic summaries, and notes to go along with them from both the West Central Regional conference and the service weekend. If you'd like any of those materials, let me know and I will email them to you.
- ❖ I forwarded two emails from our current Delegate, (our own Julie S.) regarding the abrupt resignations of two members of the board of Trustees, (one of whom was the chair). These emails have the limited information in relation to those two resignations that is currently available, as well as a date, time, and Zoom link to a meeting with our region's trustee (Mike L.) where he will make himself available to answer questions about the circumstances surrounding those resignations. If you did not receive the emails, or have questions, please let me know.
- ❖ Lastly, I would really like to encourage District Chairs and GSR's to attend the Area 24 Spring Conference Hosted by District 8. Please register if you haven't already. The rooms are dorm rooms at Grinnell College, and bedding will not be provided. So those attending will need to bring sheets for a twin bed and whatever other bedding you may need.

In Service,

Kyle Taylor  
District 8 DCM

Cell: (319) 651-7765  
Email: dcm@aa-cedarapids.org

## **COMMITTEE CHAIR REPORTS**

### **Tech Chair – Dave G. ([tech@aa-cedarapids.org](mailto:tech@aa-cedarapids.org))**

Nathan gave verbal report, as Dave was unable to attend. Please see the Anser Plus 6 month analysis attached in email.....

### **Treatment – Jeremy M ([treatment@aa-cedarapids.org](mailto:treatment@aa-cedarapids.org))**

Present and gave a verbal report.

### **Public Information – Mark S. ([pi@aa-cedarapids.org](mailto:pi@aa-cedarapids.org))**

Present and gave a verbal report.

### **Newsletter – Rose S. ([newsletter@aa-cedarapids.org](mailto:newsletter@aa-cedarapids.org))**

Rose had to resign as Newsletter Chair.

### **Literature – Randy N. ([literature@aa-cedarapids.org](mailto:literature@aa-cedarapids.org))**

Hello Dist 8

I apologize for not being at the meeting tonight. I am staying with my granddaughter while her Baby brother or sister is being born.

Everything is good in the Literature end. I have an order that is supposed to arrive this week. I have 15 of the Jacketless Big Books in hand if anyone would like to get any.

In service  
Randy N

### **Grapevine – Jean R. ([grapevine@aa-cedarapids.org](mailto:grapevine@aa-cedarapids.org))**

District 8 Grapevine Report - March 2023

AA Grapevine Audio Project

The Grapevine central office has created the Grapevine Audio Project which is requesting AA members to submit audio recordings of their stories to the Grapevine.

This is essentially the same as writing a story for the Grapevine, but instead of writing the story you can record your story and submit the audio recording to the Grapevine.

To facilitate this for anybody in District 8 that would like to submit an audio recording to the Grapevine I am presenting two workshops on zoom to make this an easy process.

On April 15th there will be a Prep Workshop on Zoom. In this workshop we will talk about the Grapevine Audio Project, more specifics on what the Grapevine is looking for, and various ways AA members can create and submit an audio recording.

Then on April 29 there will be a Zoom workshop in which AA members will be able to record their stories from the comfort of their own home in a zoom meeting. AI R will use Zoom software to record audio stories. Each person participating will then be emailed an audio only file of their story which they can then submit to the Grapevine. Easy instructions to do this will be included.

And above all, your anonymity will be protected. There will be no video.

#### AA Grapevine Needs Meeting GVR's

This month, I contacted the Grapevine Office to ascertain the number of AA Grapevine Meeting Representatives registered in District 8. The total number of representatives registered is 3.

Please be of service and volunteer to be a GVR for your home group or encourage others to volunteer at your groups next business meeting. If you are then elected please contact me at (661) 433-9507 and I will walk you through the process.

To register as a meeting grapevine representative click on the link below:

<https://www.aagrapevine.org/get-involved/become-grapevine-rep>

#### AA Grapevine Meet & Greet held March 8, 2023

Our Iowa Area 24 Grapevine Representative Josh J. and I hosted a "Meet and Greet" meeting on zoom for Iowa's District GVR's and Meeting GVR's.

The event was hosted by our District 8 EBUZ meeting and 13 people attended representing District 8, District 2, District 16, and District 13.

We presented The Grapevine video, "Carry the Message Project" and the video "How to be a Successful GVR" followed by a Power Point with excerpts from the new GV Handbook. We concluded the zoom meeting with a general share session allowing everyone to talk about their GVR activities.

#### AA Grapevine Magazine Drive

I conducted a Grapevine drive for old Grapevine magazines and with the grace of God and District 8 members the donation basket overflowed with 186 donations of Grapevine Magazines.

Twenty four Grapevine magazines have been distributed to the Safe Place Foundation on March 12, 2023.

Kasi B. will be providing me the name of a person at Heart of Iowa on Bowling St. who I can speak with about donating Grapevine magazines.

I have been referred to two additional places to donate Grapevines.

Crush of Iowa

Linn County Resource Center

We are so blessed to be a part of such a wonderful district, thank you all so much for your generosity in supporting our magazine drive.

☺☺☺

Photo of the 2023 Cedar River Round Up Grapevine Table

Thank you.

Jean R., District 8 Grapevine Representative



**Corrections – Jim H. ([corrections@aa-cedarrapids.org](mailto:corrections@aa-cedarrapids.org))**

All is Well  
They are beginning recertifications to get into Anamosa Again  
Alan G. is keeping me updated

Jim H.

**Cooperation with the Professional Community – Jeff B. ([cpc@aa-cedarrapids.org](mailto:cpc@aa-cedarrapids.org))**

Hello District 8!

The CPC Committee is, as of the writing of this report, a tightly knit group of three. We plan to meet in person at the beginning of April to discuss District 8's CPC-related goals and action items. If you have interest in getting involved, please contact me!

Yours in service,  
Jeff B.

**Archives – Lynn M. ([archives@aa-cedarrapids.org](mailto:archives@aa-cedarrapids.org))**

I apologize for no show/no report last month. A few months ago I was diagnosed with a bit of colon cancer. I had a reaction to the treatment and ended up in the hospital.

Number 1 priority in the Archive Adventure is sorting and organizing material. A couple people, a couple hours - Bing Bang Boom - done!! Please mention to your groups help is needed.

Group History forms provided at front table.

In Love and Service, Lynn M.  
319 431-4855.

**Guidelines – Joe P. ([archives@aa-cedarrapids.org](mailto:archives@aa-cedarrapids.org))**

Present and gave verbal report (I believe).

**2023 Conference Report – Danielle H.**

Hello District 8!

I'm sorry I can't be there in person, but I wanted to make sure to give you all an update on the plans for the next conference. When we started planning it felt so far away and now we will all be gathering in Grinnell in a little over 2 months!! We have already received 38 registrations and currently have \$1592.08 in our bank account. All our speakers have registered. Our next business meeting is April 11th. We will be meeting twice in May and once more in June before the conference to finalize last minute details. Along with one more trip to Grinnell a week before the conference. We have referenced and followed the conference guidelines at every meeting and have done a great job at staying on schedule. We have a great Committee and everyone is doing their part to make this conference run smoothly. I did want to add that John R and Dave G are looking into hybrid options for the conference. More will be revealed.

Thank you for allowing us to be of service at this capacity.

Yours in service,  
Danielle H  
Danielle@Humphreys.pro  
319-651-2469

**UNFINISHED BUSINESS**

Newsletter Chair nominations.

✓ Jean nominated Diane N., 2<sup>nd</sup> by Angie. Diane accepted the position. Congratulations and thank you Diane!!

- ❑ 6 month Anser Iowa call summary report (Nathan D.)

## **NEW BUSINESS**

- ❑ Al R. moves that District 8 create a Facebook Group Page for the dissemination of District 8 news in a timely manner.
  - ✓ Motion seconded by Jennifer D.
  - ✓ Angie S. moved to table this motion and it passed.
- ❑ Angela S. moves that Paige B. be reimbursed \$43.98 for 30 and 60 day sobriety chips for the women at Heart of Iowa.
  - ✓ Motion seconded by Wes.
  - ✓ Motion adopted.
    - ❑ Minority spoke. Afterwards, someone from the majority motioned to reconsider, which was seconded.
    - ❑ Motion adopted, meaning we are back to the original motion.
  - ✓ Original motion failed the second time around.....
- ❑ Angela S. moves that Paige B. be reimbursed \$15.70 for pamphlets for the Heart of Iowa literature rack from the literature budget.
  - ✓ Motion seconded by Angie S.
  - ✓ Motion adopted/failed
- ❑ Elect new Newsletter Chair.
  - ✓ Diane N. agreed to fill the position. Thank you Diane!!

## **GROUP REPORTS**

- ❑ EBUZ
  - ✓ Amy Nelson will have 11 years of sobriety on March 28th
  - ✓ Cheryl Thompson will have 10 years on April 17th
  - ✓ Chip receiving dates TBD
- ❑ Grinnell Meeting
  - ✓ The Tuesday meeting now begins at 6:30pm and the Thursday meeting now begins at 6:00pm. The Wednesday at noon remains the same.

Thank you!  
Bridget

- ❑ Sunday Morning Breakfast Meeting Report
  - ✓ We have submitted a group name change from “Sunday Morning Industrial Meeting” to Sunday Morning Breakfast Meeting. We meet Every Sunday morning at 830am at the Industrial Club in Marion following the Industrial Club breakfast, which is at 7:30am. This is a Big Book discussion group and we are averaging 25 attendees. This coming month’s anniversaries are as follows:
  - ✓ April 5th We will be helping Valerie celebrate 9 months of sobriety at the Women Seeking Serenity meeting (5:30pm Wednesday at the Industrial Club)
  - ✓ April 9th We will be helping Andrew S. celebrate 7 years of sobriety at the Breakfast Meeting
  - ✓ April 9th We will be helping Nick D. celebrate 9 years of sobriety at the Breakfast Meeting

In love and service,  
Jesseca Z

## **Upcoming Events**

- ❑ The Spring 2023 Conference is coming up June 9<sup>th</sup> – 11<sup>th</sup> at Grinnell College (Hosted by District 8).
- ❑ District 8 Monthly Business Meeting
  - ✓ April 17th – Veritas Church

## **Tradition III (Angie H.)**

**Short Form:** The only requirement for A.A. membership is a desire to stop drinking.

**Long Form:** Our membership ought to include all who suffer from alcoholism. Hence we may refuse none who wish to recover. Nor ought A.A. membership ever depend upon money or conformity

### **Next Meeting: Tradition IV (John R.)**

**Short Form:** Each group should be autonomous except in matters affecting other groups or A.A. as a whole.

**Long Form:** With respect to its own affairs, each A.A. group should be responsible to no other authority than its own conscience. But when its plans concern the welfare of neighboring groups also, those groups ought to be consulted. And no group, regional committee, or individual should ever take any action that might greatly affect A.A. as a whole without conferring with the Trustees of the General Service Board. On such issues our common welfare is paramount.

### **Adjournment**

- Wes moved to adjourn, 2<sup>nd</sup> by Lynn, passed....
- DCM adjourned the meeting @ 8:30PM

### **Greeter - JD**

### **Closing**

- Closed with the Lord's Prayer

### **Next District 8 Business Meeting**

- April 17, 2023 @ 7 PM
  - ✓ Veritas Church – 509 3rd Street SE