

Iowa 8th District
Box 10722
Cedar Rapids, Iowa 52410-0722
www.aa-cedar-rapids.org

Area 24
Box 1291
Des Moines, Iowa 50305
www.aa-iowa.org

General Service Office
Box 459, Grand Central Station
New York, New York 10163
www.alcoholics-anonymous.org

DISTRICT 8 MEETING MINUTES

April 17, 2023

The meeting was called to order @ 7:00 PM by DCM (Kyle T.)

Non-AA / Non-District Announcements

- N/A

The Serenity Prayer

Welcome New GSRs / Alt GSRs

- Alt GSR Quent D. from the Coggon Grace Group

The Agenda

- Lynn M. moves to approve the Agenda
 - ✓ Motion seconded by Cheryl T.
 - ✓ Motion adopted

OFFICER REPORTS

Secretary – Todd H. (secretary@aa-cedar-rapids.org)

- John R. moves to approve the Secretary Report
 - ✓ Motion seconded by Mark S.
 - ✓ Motion adopted

Please know me know if not anyone received last month's minutes or if anyone needs added to the email list.

Yours in Love and Service,
Todd

Treasurer – Troy F. (treasurer@aa-cedar-rapids.org)

- Treasurer Report attached
- Todd H. moves to accept the Treasurer's Report
 - ✓ Motion seconded by Ray C.
 - ✓ Motion adopted
 - Minority voice was heard and someone from the majority moved to reconsider. Motion failed after revote.
 - ✓ Last month's (March 2023) Treasurer's report discrepancy was discussed. It was found that the excel document was correct, but the word document was not.
 - Josh H. moved to accept the March 2023 Treasurer's Report.
 - Motion seconded by John R.
 - Motion adopted
- Cheryl T. moves to accept the April 2023 Treasurer's Report
 - ✓ Motion seconded by Ray C.
 - ✓ Motion adopted

Hello,

Here is my report for the month of March, 2023...

Good evening District 8,

Our starting balance for this reporting period was \$3722.53

Total debits for the month amounted to \$853.08 including the following debits to DCM for travel to the West Central Regional Conference 88.16 for hotel and registration, 110.60 for meals, and 243.00 for mileage. The following reimbursements to DCM for Area business meeting in Marshalltown 123.75 for motel, 70.00 for mileage, and 17.83 for meals. The DCM was also reimbursed for 5.79 for copies. A payment of \$219.35 to Answer Iowa. CenturyLink was paid \$46.54. Zoom was paid \$15.89 for the monthly subscription.

Total deposits for the month amounted to \$475.00 consisting of 5 group contributions.. Our ending balance is \$3,256.62

Our prudent reserve is \$1,500.00 which leaves us an available balance of \$1756.62.

Our literature account has a balance of \$636.79

Alternate DCM – (altdcm@aa-cedarrapids.org)

Hello,

Last month's meeting attendance was 35 total, with 20 GSRs and 8 service chairs in attendance.

Everyone please make sure to sign in. The sign in sheet is located by the door on the table with the announcements.

Please email me any changes that need to be applied to the printable, electronic and virtual meeting lists. I have been forwarding new meeting information to our Webmaster so he can keep the electronic meeting list updated. I am also forwarding all meeting change information to the Area 24 Alternate Delegate to keep the Area meeting list updated. I continue to keep record of all changes affecting the printable meeting list in an email draft that I will send to Alegra Printing when it is time for our next quarterly update.

If your group has made any changes, including new GSR, Alt GSR, or both, and has not submitted a group change form, please do so at your earliest convenience. Group change forms are available on the District 8 website as well as on the table with the sign in sheet and announcements.

In Service,

Josh H.
Alternate DCM
District 8
altdcm@aa-cedarrapids.org
402.309.9850

DCM – Kyle T. (dcm@aa-cedarrapids.org)

Greetings District 8

- ❖ Since we last met, I attended the following meeting and events:
 - Foxhall (Wednsdays at 7 pm)
 - By The Big Book (Wednsdays at 7 pm)
 - Full Measures Speaker Group Anniversary (Fridays at 7 pm)

- A Journey Through The Steps (Presented by Full Measures Speaker Group)
- Crossroads Group (Sundays 7 pm)
- ❖ I also attended the Heartland Area Conference for Young People in Alcoholics Anonymous in Wisconsin

I am planning on attending all of the listed meetings in District 8 during my term. If you'd like me to attend your homegroup before our next District Meeting please let me know.

- ❖ I would really like to encourage District Chairs and GSR's to attend the Area 24 Spring Conference Hosted by District 8. Please register if you haven't already. The rooms are dorm rooms at Grinnell College, and bedding will not be provided. So those attending will need to bring sheets for a twin bed and whatever other bedding you may need.

In Service,

Kyle M. Taylor

**Kyle Taylor
District 8 DCM
Cell: (319) 651-7765
Email: dcm@aa-cedarrapids.org**

COMMITTEE CHAIR REPORTS

Tech Chair – Dave G. (tech@aa-cedarrapids.org)

The tech committee met by Zoom on April 10, 2023. Present were committee members Dave G., Nathan D. and Jen D.

Since our last report we have: 1) Updated flyer for AA Grapevine Audio Project, 2) Updated Sunday Morning Industrial Club information, 3) Sent new newsletter chair the district email address, 4) Updated groups in Grinnell, 5) Posted flyer for New Beginnings Traditions Workshop, 6) Added 2nd Chance Group to the website, and 7) Updated the printable meeting schedule.

The site was down between 1:20 and 1:30 pm on April 12 for unknown reasons but we have had no known problems since.

For virtual groups to be listed on Meeting Guide it is required to have the URL for the group.

In the efforts to improve and upgrade our District 8 website we have had many challenges due to the simplistic nature of the free version of the design software (Colibri) that we are using. In addition, we get no support when we do have problems. For these reasons we are proposing to purchase a paid subscription to Colibri Pro. Please see the proposal on the back of this report.

Please continue to give me any updates of upcoming events so I can place them on our website.

If you see any errors or improvements that need to be made with the website, please direct them to me. This is a work in progress.

In my capacity as webmaster, please let me know if there is anything I can do to help you.

Our website had 611 distinct tracked users in the past 30 days, down from 622 last month.

Respectfully submitted,

Dave G.

District 8 Tech Chair / Webmaster
tech@aa-cedarrapids.org

Treatment – Jeremy M. (treatment@aa-cedarrapids.org)

No report.

Public Information – Mark S. (pi@aa-cedarrapids.org)

Gave verbal report.

Newsletter – Diane N. (newsletter@aa-cedarrapids.org)

Gave verbal report.

Literature – Randy N. (literature@aa-cedarrapids.org)

No report.

Grapevine – Jean R. (grapevine@aa-cedarrapids.org)

District 8 Grapevine Report - April 2023

AA Grapevine Audio Project

On April 15th We held our first Audio Prep Workshop on Zoom which covered the Grapevine guidelines and suggestions for the Audio Project including how to create and submit an audio story. Afterwards two workshop participants recorded their own audio story for the Grapevine.

Our informational video and the Grapevine Guidelines were posted on the EBUZ Facebook page which is a great resource for AA information in the Cedar Rapids area. The link to the EBUZ page is:

<https://www.facebook.com/groups/517880132201435/?ref=share>

Or just search Early Birds Upstairs on Facebook,

The second workshop will be on Saturday at April 29 at 10:30 AM when everybody will have the opportunity to create an audio recording of their story for the Grapevine. We will email or text individuals their recorded story with easy to follow instructions to submit the audio recording to the Grapevine. Great care is being taken to protect everyone's anonymity.

If you would like to record your story for the Grapevine the information is on flyers on the table or can be found on the EBUZ Facebook page.

AA Grapevine Needs Meeting GVR's

The number of AA Grapevine Meeting Representatives registered in District 8 is four, up 1 from last month.

Please be of service and volunteer to be a GVR for your home group or encourage others to volunteer at your groups next business

meeting. If you are then elected please contact me at (661) 433-9507 and I will walk you through the registration process.

To register as a meeting grapevine representative click on the link below:

<https://www.aagrapevine.org/get-involved/become-grapevine-rep><<https://www.aagrapevine.org/get-involved/become-grapevine-rep>>

AA Grapevine Magazine Drive

We closed the Grapevine drive for previously owned Grapevine magazines last month and with the grace of God and District 8 members the donation basket has now overflowed with 400 Grapevine magazine donations which has doubled since the March D8 Business Report. Thanks Lynn M.

Distribution of these Grapevine Magazines is underway. Sabrina T., from the Fellowship Club Saturday Women's Meeting, picked up 100 Grapevine magazines which she will deliver to 2 ASAC facilities.

1. ASAC - 16th Ave.

2. Heart of Iowa - Bowling St.

Twenty four Grapevine magazines have also been distributed to the Safe Place Foundation on 6th Ave., on March 12, 2023.

In May, I will be giving 50 Grapevine Magazines to Pat S. from the Fellowship Club Saturday Women's Meeting for distribution to St. Lukes Hospital

AA Grapevine Joke-a-thon & Learning Session

Tell jokes from the Grapevine and win prizes!!!

WHERE: Industrial Club

225 South 35th St., Marion, IA

DATE: Sunday May 21, 2023 TIME: 10:30 am

Receipts for the Joke-a-thon Audio Project handouts will be submitted to the District 8 treasurer in April 2023

Receipts for the the Joke-a-thon Prizes will be submitted to the District 8 treasurer in May 2023

Thank you for allowing me to serve you District 8.

Jean R.

Corrections – Jim H. (corrections@aa-cedarrapids.org)

No report.

Cooperation with the Professional Community – Jeff B. (cpc@aa-cedarrapids.org)

No report.

Archives – Lynn M. (archives@aa-cedarrapids.org)

GROUP HISTORY FORMS AVAILABLE AT FRONT TABLE

No physical activity with Archives this month, the no activity will be resolved.

I did go to archives@aa.org and was able to print "Archives checklist. A quick guide for local AA archivists". Interesting service piece.

In Love and Service, Lynn M

319 431-4855

archives@aa-cedarrapids.org

lynnm1988@gmail.com

Guidelines – Joe P. (archives@aa-cedarrapids.org)

Present, nothing to report.

2023 Conference Report – Danielle H.

Jennifer D. reported that there are only a few more committee meetings taking place before the conference. Volunteers for registration table are needed please. If interested, please send an email to Deb66ferguson@gmail.com.

UNFINISHED BUSINESS

- N/A

NEW BUSINESS

- Dave G. moves that District 8 spend \$79.00 for a 1-year subscription to Calibri Pro.

- ✓ Motion seconded by Troy F.
- ✓ Background for the motion:

We updated the District 8 website not only to be more visually appealing and inviting, but also to incorporate a “drag and drop” structure that is much easier to use when modifying the website.

The free version of Colibri uses a limited selection of predesigned blocks to create the website – users have very limited ability to make modifications – and does not include technical support.

Upgrading to the Colibri Pro version:

- Provides priority technical support – especially helpful when others take over as webmaster
- Gives full control over typography and colors across website – headers, footers, pages, and menus.
- Gives full control over layout and content.
- Allows four different types of header design – the free version has only one option.
- Allows advanced styling features that let us refine header and page layouts. (Free version has limited options to improve layout).
- Supports multiple languages – great option if we want to auto translate to Spanish versions (not available in free version).

The cost is \$79 per year with a 20% discount for yearly renewals (about \$64) or \$169 for a lifetime subscription.

- ✓ John moved to amend the motion to pay the \$169 for a lifetime subscription.
- ✓ 2nd by Valerie
 - Much discussion took place.
- ✓ Motion passed and minority voice was heard.

GROUP REPORTS

- Lot of verbal, but no written reports sent.

Upcoming Events

- The Spring 2023 Conference is coming up June 9th – 11th at Grinnell College (Hosted by District 8).
- District 8 Monthly Business Meeting
 - ✓ April 17th – Veritas Church

Next Meeting: Tradition IV (John R.)

Short Form: Each group should be autonomous except in matters affecting other groups or A.A. as a whole.

Long Form: With respect to its own affairs, each A.A. group should be responsible to no other authority than its own conscience. But when its plans concern the welfare of neighboring groups also, those groups ought to be consulted. And no group, regional committee,

or individual should ever take any action that might greatly affect A.A. as a whole without conferring with the Trustees of the General Service Board. On such issues our common welfare is paramount.

Next Meeting: Tradition V (Tom C.)

Short Form: Each group has but one primary purpose...to carry its message to the alcoholic who still suffers.

Long Form: Each Alcoholics Anonymous group ought to be a spiritual entity having but one primary purpose—that of carrying its message to the alcoholic who still suffers.

Adjournment

- Troy F moved to adjourn, 2nd by Angie, passed....
- DCM adjourned the meeting @ 8:10PM

Greeter - JD

Closing

- Closed with the Lord's Prayer

Next District 8 Business Meeting

- April 17, 2023 @ 7 PM
 - ✓ Veritas Church – 509 3rd Street SE