

**Iowa 8th District**  
Box 10722  
Cedar Rapids, Iowa 52410-0722  
[www.aa-cedarrapids.org](http://www.aa-cedarrapids.org)

**Area 24**  
Box 1291  
Des Moines, Iowa 50305  
[www.aa-iowa.org](http://www.aa-iowa.org)

**General Service Office**  
Box 459, Grand Central Station  
New York, New York 10163  
[www.alcoholics-anonymous.org](http://www.alcoholics-anonymous.org)

## **DISTRICT 8 MEETING MINUTES**

### **July 17, 2023**

The meeting was called to order @ 7:00 PM by DCM (Kyle T.)

#### **Non-AA / Non-District Announcements**

- N/A

#### **The Serenity Prayer**

#### **Welcome New GSRs / Alt GSRs**

- N/A

#### **The Agenda**

- Ray C. moves to approve the Agenda
  - ✓ Motion seconded by Wes Y.
  - ✓ Motion adopted

### **OFFICER REPORTS**

#### **Secretary – Todd H. ([secretary@aa-cedarrapids.org](mailto:secretary@aa-cedarrapids.org))**

- Ray C. moves to approve the Secretary Report
  - ✓ Motion seconded by Wes Y.
  - ✓ Motion adopted

Good evening District 8! Thank you to Brett (2 tt's) for filling in for me last month. I am feeling much better now. Not a lot to report this month, just please let me know if anyone didn't receive last month's minutes or if anyone needs to be added to the email list.

Yours in Love and Service,  
Todd

#### **Treasurer – Troy F. ([treasurer@aa-cedarrapids.org](mailto:treasurer@aa-cedarrapids.org))**

- Treasurer Report attached
- Ray C. moves to accept the Treasurer's Report
  - ✓ Motion seconded by Lynn M.
  - ✓ Motion adopted

Greetings District 8,

Here is my report for the month of July 2023...

Our starting balance for this reporting period was \$2926.93.

Total debits for the month amounted to \$558.70 including a payment to AnswerIowa. One of \$237.54.

CenturyLink was paid \$44.86. Zoom was paid \$16.95 for the monthly subscription. We paid rent for the PO Box \$166.00. DCM was reimbursed \$13.35 for copies. Veritas was paid \$30.00 for rent. Finally the Grapevine Chair was reimbursed 50.00 for copies for May and June.

Total deposits for the month amounted to \$200.00 consisting of 3 group contributions. Our ending balance is \$2568.23.

Our prudent reserve is \$1,500.00 which leaves us an available balance of \$1068.23.

Our literature account has a balance of \$229.03

Previous Actions Items:

None  
NEW BUSINESS:  
None

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20 of 71 Groups in District 8 (28%) have contributed to our District fund in FY23.

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An AA Group  
By the Big Book  
Coggon Grace Group  
Dam Meeting  
Early Birds Upstairs Zoom  
Early Bird Welcome  
For Those That Want It  
Friday Night Hope  
Friday Night Unity  
Full Measures  
Kenwood  
Last Call  
Marion Friday Night  
Marion Midweek  
Mercy Group  
Neighborly Group  
New Beginnings  
There Is a Solution  
West Highlands  
Women's Fellowship Club

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Thank you for the opportunity to be of service,  
Troy F.  
District 8 Treasurer

**Alternate DCM** – ([altdcm@aa-cedarrapids.org](mailto:altdcm@aa-cedarrapids.org))

Hello District 8,

Last month's meeting attendance was 38 total, with 21 GSRs and 12 service chairs in attendance.

Everyone please be sure to sign in. The sign in sheet is located by the door on the table with the announcements.

Please email me any changes that need to be applied to the printable, electronic and virtual meeting lists. I have been forwarding new meeting information to our District Technology Chair so he can keep our meeting list updated on the District 8 website. I am also forwarding all meeting change information to the Area 24 Alternate Delegate to keep the Area meeting list updated. I continue to keep record of all changes affecting the printable meeting list and update it as they come in.

Please check the Area 24 meeting list, the District website's meeting list, and District 8's printable meeting list. Look for any corrections regarding times, locations, and type of meeting, i.e. Open/Closed, or Zoom/In Person. Thank you.

If your group has made any changes, including new GSR, Alt GSR, or both, and has not submitted a group change form, please do so at your earliest convenience. Group change forms are available on the District 8 website as well as on the table with the sign in sheet and announcements.

Finally, I am currently enrolled in an MBA program with the University of Iowa, and I will be unable to attend District meetings in August and

September. I plan to ask someone to handle the attendance tracking during meetings for those months. I anticipate no issue fulfilling my other responsibilities as the AltDCM. Thank you for working with me through these absences.

In Service,

Josh H.  
Alternate DCM  
District 8  
[altdcm@aa-cedarapids.org](mailto:altdcm@aa-cedarapids.org)  
402.309.9850

**DCM – Kyle T.** ([dcm@aa-cedarapids.org](mailto:dcm@aa-cedarapids.org))

### **Greetings District 8**

- ❖ Since we last met, I attended the following meeting and events:
  - I attended the Iowa Young People In Alcoholics Anonymous Conference in Davenport July 14th-16th
  - I attended the Early Birds Welcome Group Monday July 17th at 9am

**I am planning on attending all of the listed meetings in District 8 during my term. If you'd like me to attend your homegroup before our next District Meeting please let me know.**

I had a great time at the Young People's Conference this past weekend. Ericka M. of District 8 was the Friday night speaker and did not disappoint. The sobriety countdown was incredible; with lengths of sobriety ranging from 45 years to 1 day. People were on fire for AA this past weekend and that was only strengthened by the strong message of recovery present in the panels and speakers. Des. Moines was awarded the bid for next year's conference, and with their tradition of a strong Young People group I am certain they will be successful. I am grateful I was able to attend, and am hopeful that a bid committee may be formed to bring the conference back to Cedar Rapids in 2025.

**In Service,**  
Kyle M. Taylor  
**Kyle Taylor**  
**District 8 DCM**  
**Cell: (319) 651-7765**  
**Email: [dcm@aa-cedarapids.org](mailto:dcm@aa-cedarapids.org)**

## **COMMITTEE CHAIR REPORTS**

**Tech Chair – Dave G.** ([tech@aa-cedarapids.org](mailto:tech@aa-cedarapids.org))

The tech committee met by Zoom on June 26, 2023. Present were committee members Dave G., Nathan D., Jenn D., and Jess Z. Also in attendance was district PI chair, Mark S. We discussed ideas for adding additional information for the newcomer to the website. Those ideas included adding information on the Welcome Wagon, sponsorship, homegroup, breakfast at the industrial club, and explanation of clubs. It was decided to make the changes to the website prior to the next district meeting and ask for feedback. In addition, we discussed obtaining the flyer for the bon fire meeting and posting to the website.

The following updates or additions were made to the website since the last district meeting: 1) the online printable meeting list was updated, 2) posted the suggestions for writing group history for the district archives chair, 3) posted these flyers: delegate report picnic, Cedar River Roundup, Happy Hour Group picnic, Women's Saturday Noon Meeting anniversary, Early Birds Welcome Group picnic, District 8 Treatment service opportunities, and save the date for the Area 24 Fall 2023 Conference., 4) added the June district

newsletter, 5) updated the meeting information for Hale of a Group and Marion Midweek, and 6) added the district postal address to the website.

A button was added to the home page of our website that says, "New to AA? Click Here!" This takes the newcomer to a page that has 12 questions to help determine if the individual is an alcoholic, plus a box called "Next Steps" that has information and links about the Welcome Wagon, finding meetings, meeting types, the big book, sponsorship, homegroup, upcoming events, and clubs including breakfast at the Industrial Club. We included the PI chair email address and the help line phone number at the bottom for more information. Please go to the website and check out the changes and give me your feedback.

We did not locate a flyer for the bon fire meeting, but if the information is given to us, we can post the details to the website.

We will continue to upgrade the website and strive to make it as accessible and up to date as possible. Please continue to give me any updates of upcoming events so I can place them on our website. If you see any errors or improvements that need to be made with the website, please direct them to me.

A reminder to tell your group that Area 24 will be voting on a motion to invest \$6200 in equipment to allow for hybrid conferences and business meetings. If your group is in favor of allowing GSRs to attend by Zoom, then consider using the power of the purse by sending funds to Area 24 to allow this to happen.

In my capacity as tech committee chair, please let me know if there is anything I can do to help you.

Our website had 561 distinct tracked users in the past 30 days, down from 660 last month.

Our next District 8 Tech Committee meeting is Monday, July 24 at 7 pm by Zoom.

Respectfully submitted,

Dave G.

District 8 Tech Chair / Webmaster  
[tech@aa-cedarrapids.org](mailto:tech@aa-cedarrapids.org)

**Treatment – Jeremy M** ([treatment@aa-cedarrapids.org](mailto:treatment@aa-cedarrapids.org))

Present and gave a verbal report.

**Public Information – Mark S.** ([pi@aa-cedarrapids.org](mailto:pi@aa-cedarrapids.org))

Present and gave an oral report, stating that he meet with the Tech Committee a couple week ago.

**Newsletter – Diane N.** ([newsletter@aa-cedarrapids.org](mailto:newsletter@aa-cedarrapids.org))

July's newsletter has been sent to the District Secretary and Webmaster for distribution and posting. August's edition is well on its way to completion. I will be talking to the previous Newsletter Chair to gain some understanding on editing suggestions for articles submitted, as some need hefty wordsmithing. I'd like to thank Emilee G for reviewing the draft newsletter prior to distribution each month. I've created a newsletter editorial calendar to guide us in being timely with each month's deadline. I've purchased a Grapevine subscription to obtain articles and information to be shared in future newsletters. I am always open to feedback and new ideas for the newsletter. Thank you to those who've forwarded or provided suggestions thus far. If you're on the District Secretary's DL you should already be receiving the newsletter. I'd like to remind the GSRs to forward and/or print it, to be shared with your group so that as many people in our District are able to view the newsletter. If you are NOT receiving the district's emails and would like to receive the Newsletter, email [newsletter@aa-cedarrapids.org](mailto:newsletter@aa-cedarrapids.org) to be added. Thank you for allowing me to be of service in this manner.

In Spirit,

Diane N

Newsletter Chair  
[newsletter@aa-cedarrapids.org](mailto:newsletter@aa-cedarrapids.org)  
319-360-4959

**Literature – Randy N.** ([literature@aa-cedarrapids.org](mailto:literature@aa-cedarrapids.org))

Not present, no report sent.

**Grapevine – Jean R.** ([grapevine@aa-cedarrapids.org](mailto:grapevine@aa-cedarrapids.org))

Greetings District 8!

In June, the AAGrapevine Editorial Calendar was released for the 2024 Grapevine article topics. I have brought hand-outs for the GSR to take back to your groups along with the writer's guidelines.

Please contact me with any questions at [grapevine@aa-cedarrapids.org](mailto:grapevine@aa-cedarrapids.org)

On July 11th, I attended the Mini Grapevine Workshop put on by our Area Delegate, Julie S., she presented a Power Point presentation about the new AAGrapevine App that is being released this September.

Here are some of the benefits I found out about at Julie's mini workshop about the new Grapevine and La Viña apps

- Four Apps: GV, LV, iPhone and Android
  - Easy to use
  - One tap access, passwords embedded
  - Fun to engage with: Interactive, sharing thoughts, sharing stories, sharing info
  - Personalize with sobriety date, favorite meetings, and spiritual maintenance checklist
  - Exclusive content for app users
- Share your Experience, Strength and Hope on articles
- More opportunity to publish your articles
  - Share articles with your group, with friends

Beta copies of the new Grapevine App has been released to test its functionality. The EBUZ group will present a sneak peek of the Grapevine App at the 9am zoom Grapevine meeting on Wednesday August 2nd. It's an open meeting and everyone is invited. There is a flyer with information on how to access the meeting.

Grapevine App Preview

Date: Wednesday August 2, 2024

Time: 9:00 AM

EBUZ Zoom Link: <https://zoom.us/j/807716078#success>

I am very excited to report that Angie S. from the committee for the Thanksgiving Gratitude Dinner has reached out to me about partnering with her to hold a AAGrapevine Magazine Drive. We will set up a Grapevine Display Table for magazine information and for Grapevine donations at the Gratitude Dinner this November. Please visit us at the event and pick up a complimentary Grapevine Bookmark.

Thank you for allowing me to be of service.

Jean R., D8 Grapevine Chair

**Corrections – Jim H.** ([corrections@aa-cedarrapids.org](mailto:corrections@aa-cedarrapids.org))

Not present, no report sent.

## Cooperation with the Professional Community – Jeff B. ([cpc@aa-cedarapids.org](mailto:cpc@aa-cedarapids.org))

Jen M. gave a verbal report for Jeff B.. In the report, he stated that he will be having a committee meeting via zoom this month.

## Archives – Lynn M. ([archives@aa-cedarapids.org](mailto:archives@aa-cedarapids.org))

1) Have and Have Not List ignited some fire!! Thanks to Marion Mid Week, Linda T. - Women's Grp, noon at F. Club, Rachel H. - An AA Grp, and Todd H.- Foxhall.

2) Came with extremely informational material:

What to collect, Researching AA Grp History, blank D8 Grp History form and Have and have not D8 Grp History list.

3) Thanks to Tech Committee for putting info on website:

Suggestions for writing Grp History and Area 24 Grp History form.

Need to add: Dist 8 Grp History form and Researching AA Grp History.

Thank you for your support!!

In Love and Service, Lynn M.

319-431-4855

[archives@aa-cedarapids.org](mailto:archives@aa-cedarapids.org)

[lynnm1988@gmail.com](mailto:lynnm1988@gmail.com)

## Guidelines – Joe P. ([archives@aa-cedarapids.org](mailto:archives@aa-cedarapids.org))

No report

## **UNFINISHED BUSINESS**

- N/A

## **NEW BUSINESS**

- Nominations for Corrections Chair.
  - ✓ No nominations this month. Will move to old business agenda item next month.
- Nominations for Literature Chair.
  - ✓ No nominations this month. Will move to old business agenda item next month.
- Angie S. moved that the District 8 Alternate DCM Chair create and distribute a flyer containing accurate information on service opportunities for the Women's and Men's Shoulder to Shoulder meetings at the Wenzel Center. This flyer should include information on requirements for both attending and chairing the meeting. 2<sup>nd</sup> by Sarah M.. Motion Passed.  
*Note: Original motion (Twice Amended) stated that the Corrections Chair create the flyer and only included the Women's meeting....*

## **GROUP REPORTS**

- Several Groups gave oral reports.
- Sunday Morning Breakfast Meeting at the Industrial Club
  - ✓ Greetings District 8,

My name is Jeseca I'm an alcoholic I am the GSR for the Sunday Morning Breakfast Meeting at the Industrial Club. We meet at 8:30 a.m. Sunday mornings downstairs at the Industrial Club in Marion. We have an average attendance of 25 alcoholics.

In May we hosted a Grapevine Workshop after our meeting which had a great turn out. Jean and the committee put on a fantastic talk on what the Grapevine is, how to become a GVR and the importance of a GVR followed by many jokes and laughs coming from a large collection of grapevines! Thank you Jean for all the work you do!

Anniversaries -  
Ken 2 yrs August 11

ILS -

Jesseca Z

## **Upcoming Events**

- Area 24 Delegate Picnic
  - ✓ Saturday August 5, 2023
  - ✓ Food served at 12pm
  - ✓ Delegate report begins at 1pm
  - ✓ Harborview Pavilion (Located on top of the hill above the stone gazebo) Ellis Park
- August 21, 2023 @ 7 PM
  - ✓ Veritas Church – 509 3rd Street SE

## **Tradition VII (Dave G.)**

**Short Form:** Every A.A. group ought to be fully self-supporting, declining outside contributions.

**Long Form:** The A.A. groups themselves ought to be fully supported by the voluntary contributions of their own members. We think that each group should soon achieve this ideal; that any public solicitation of funds using the name of Alcoholics Anonymous is highly dangerous, whether by groups, clubs, hospitals, or other outside agencies; that acceptance of large gifts from any source, or of contributions carrying any obligation whatever, is unwise. Then too, we view with much concern those A.A. treasuries which continue, beyond prudent reserves, to accumulate funds for no stated A.A. purpose. Experience has often warned us that nothing can so surely destroy our spiritual heritage as futile disputes over property, money, and authority.

## **Next Meeting: Tradition VIII (David O.)**

**Short Form:** Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers.

**Long Form:** Alcoholics Anonymous should remain forever non-professional. We define professionalism as the occupation of counseling alcoholics for fees or hire. But we may employ alcoholics where they are going to perform those services for which we may otherwise have to engage nonalcoholics. Such special services may be well recompensed. But our usual A.A. "12th Step" work is never to be paid for.

## **Adjournment**

- Ray C. moved to adjourn, 2<sup>nd</sup> by JD, motion passed.
- DCM adjourned the meeting @ 8:20PM

## **Greeters for next month- Cheryl T. and Wes Y.**

## **Closing**

- Closed with the Lord's Prayer

## **Next District 8 Business Meeting**

- August 21, 2023 @ 7 PM
  - ✓ Veritas Church – 509 3rd Street SE