

Iowa 8th District
Box 10722
Cedar Rapids, Iowa 52410-0722
www.aa-cedarapids.org

Area 24
Box 1291
Des Moines, Iowa 50305
www.aa-iowa.org

General Service Office
Box 459, Grand Central Station
New York, New York 10163
www.alcoholics-anonymous.org

DISTRICT 8 MEETING MINUTES

August 21, 2023

The meeting was called to order @ 7:02 PM by DCM (Kyle T.)

Non-AA / Non-District Announcements

- Industrial Club has breakfast every Sunday morning at 7:30am.

The Serenity Prayer

Welcome New GSRs / Alt GSRs

- Susan, from Bridge to Shore
- Tracy, Woman into Action
- Troy F., Friday Night Lights and Saturday Night Live

The Agenda

- Ray C. moves to approve the Agenda
 - ✓ Motion seconded by Mark S.
 - ✓ Motion adopted

OFFICER REPORTS

Secretary – Todd H. (secretary@aa-cedarapids.org)

- Ray C. moves to approve the Agenda
 - ✓ Motion seconded by Lynn M.
 - ✓ Motion adopted

Good evening District 8! Thank you for allowing me the privilege to service as your District Secretary! Please let me know if there is anything that I may have missed in last month's minutes and if anyone has not yet received correspondence from me.

Yours in Love and Service,
Todd

Treasurer – Troy F. (treasurer@aa-cedarapids.org)

- Mark S. moves to approve the Agenda
 - ✓ Motion seconded by Lynn M.
 - ✓ Motion adopted

Greetings District 8,

Here is my report for the month of August 2023...

Our starting balance for this reporting period was \$2568.23.

Total debits for the month amounted to \$596.04 including a payment to AnswerIowa of \$235.40. CenturyLink was paid \$45.61. Zoom was paid \$16.95 for the monthly subscription. DCM was reimbursed \$263.08 for Fall Conference registration and hotel. Veritas was paid \$30.00 for rent. Dreamhost was paid \$5.00 for our Domain registration.

Total deposits for the month amounted to \$451.00 consisting of 6 group contributions. Our ending balance is \$2423.19.

Our prudent reserve is \$1,500.00 which leaves us an available balance of \$923.19

Our literature account has a balance of \$229.03

23 of 71 Groups in District 8 (32%) have contributed to our District fund in FY23.

An AA Group
By the Big Book
Coggon Grace Group
Dam Meeting
Early Birds Upstairs Zoom
Early Bird Welcome
For Those That Want It
Foxhall
Friday Night Hope
Friday Night Unity
Full Measures
Happy Hour
Kenwood
Last Call
Marion Friday Night
Marion Midweek
Mercy Group
Neighborly Group
New Beginnings
Sunday AM Breakfast
There Is a Solution
West Highlands
Women's Fellowship Club

Thank you for the opportunity to be of service,
Troy F.
District 8 Treasurer

Alternate DCM – (altdcm@aa-cedarrapids.org)

Hello District 8,

Last month's meeting attendance was 32 total, with 19 GSRs and 9 service chairs in attendance.

Everyone please be sure to sign in. The sign in sheet is located by the door on the table with the announcements.

Please email me any changes that need to be applied to the printable, electronic and virtual meeting lists. I have been forwarding new meeting information to our District Technology Chair so he can keep our meeting list updated on the District 8 website. I am also forwarding all meeting change information to the Area 24 Alternate Delegate to keep the Area meeting list updated. I continue to keep record of all changes affecting the printable meeting list and update it as they come in.

Please check the Area 24 meeting list, the District website's meeting list, and District 8's printable meeting list. Look for any corrections regarding times, locations, and type of meeting, i.e. Open/Closed, or Zoom/In Person. Thank you.

If your group has made any changes, including new GSR, Alt GSR, or both, and has not submitted a group change form, please do so at your earliest convenience. Group change forms are available on the District 8 website as well as on the table with the sign in sheet and announcements.

Finally, I am currently enrolled in an MBA program with the University of Iowa, and I will be unable to attend District meeting in September.

I plan to ask someone to handle the attendance tracking during the meeting. I anticipate no issue fulfilling my other responsibilities as the AltDCM. Thank you for working with me through the absence.

In Service,

Josh H.
Alternate DCM
District 8
altdcm@aa-cedarrapids.org
402.309.9850

DCM – Kyle T. (dcm@aa-cedarrapids.org)

Greetings District 8

- ❖ Since we last met, I attended the following meeting and events:
 - I attended the Early Birds Upstairs Meeting Saturday July 29th
 - I also attended the Delegate Picnic August 5th
 - Unfortunately I was ill and did not make it to the Area 24 Business Meeting in Marshalltown August 13th, but I did submit a report.

I am planning on attending all of the listed meetings in District 8 during my term. If you'd like me to attend your homegroup before our next District Meeting please let me know.

I had a great time at the Delegate Report picnic. Thank you to all who helped organize the event, and a special thanks to Chad S. for doing all the cooking. Julie's report was great, the pavilion was full of grateful members of District 8, and there was no shortage of food or fellowship.

In Service,

Kyle M. Taylor

Kyle Taylor
District 8 DCM
Cell: (319) 651-7765
Email: dcm@aa-cedarrapids.org

COMMITTEE CHAIR REPORTS

Tech Chair – Dave G. (tech@aa-cedarrapids.org)

The tech committee met by Zoom on July 24, 2023. Present were committee members Dave G., Nathan D., Jenn D., and Jess Z. We looked at the proposed information for the newcomer under the new green button on our District 8 home page called, "New to A.A.? Click Here." It was decided that all the proposed information and links be accepted and the changes were posted to our website. Thank you to our District 8 PI Chair, Mark S. for his valuable input. In other business, we decided to pursue gathering information on the duties of the GSR and posting to our website to help GSR's to learn about the position and encourage increased service participation. Jess is spearheading this effort and has sent a communication around to the district seeking input.

The following updates or additions were made to the website since the last district meeting: 1) the online printable meeting list was updated, 2) The August District 8 Newsletter was added, 3) The following flyers were posted: Foxhall in the Forest 2.0, Fall Gratitude Dinner, There is a Solution 33 rd Anniversary, and the Women Living Spirituality Retreat in Washington, 4) We renewed the GoDaddy subscription for our domain name, and 5) We corrected the mobile home page menu so that it could be seen. (It had somehow been changed to white on white and was invisible.)

The updated District 8 Guidelines were received by email this morning and will be posted to the website in the next day or so.

We will continue to upgrade the website and strive to make it as accessible and up to date as possible. Please continue to give me any updates of upcoming events so I can place them on our website. If you see any errors or improvements that need to be made with the website, please direct them to me.

A reminder to tell your group that Area 24 will be voting on a motion to invest \$6200 in equipment to allow for hybrid conferences and business meetings. If your group is in favor of allowing GSRs to attend by Zoom, then consider using the power of the purse by sending funds to Area 24 to allow this to happen. In my capacity as tech committee chair, please let me know if there is anything I can do to help you. Our website had 662 distinct tracked users in the past 30 days, up from 561 last month. Our next District 8 Tech Committee meeting is Monday, August 28 at 7 pm by Zoom.

Respectfully submitted,

Dave G.
District 8 Tech Chair / Webmaster
tech@aa-cedarrapids.org

Treatment – Jeremy M (treatment@aa-cedarrapids.org)

Hello District 8,

Thank you for allowing me to be of service. Not much to report for Treatment, other than we are still in need of AA literature for our treatment facilities and that we will be holding our first informational session Thursday August 31st at both 5pm and again at 7pm. This meeting is for those currently involved in, or interested in becoming involved in, AA in treatment facilities. If you, or anyone you know, could benefit from a better understanding of what our literature says about carrying the AA message of AA into these places, please join.

Thank you,

Jeremy

Public Information – Mark S. (pi@aa-cedarrapids.org)

Mark gave a verbally reported that he had nothing to report.

Newsletter – Diane N. (newsletter@aa-cedarrapids.org)

Attached is the latest District 8 newsletter. Please forward and post as you see fit. Don't hesitate to share any ideas for future editions.

Thank you.

Diane N
District 8 Newsletter Chair

Literature – Randy N. (literature@aa-cedarrapids.org)

Did not attend or send a report.

Grapevine – Jean R. (grapevine@aa-cedarrapids.org)

Greetings District 8:

We received permission from the Fellowship Club to place the GV Editorial Calendar on the clipboard at the Fellowship Club so that meeting attendees could see what stories the Grapevine is looking for over the next twelve months.

30 Grapevines were given to the Women's Saturday Noon Meeting at the Fellowship Club for distribution to the Mercy Hospital Detox Center.

If anyone here at the District Meetings goes regularly to a Detox Facility, please see me after the meeting tonight so that you can take some Grapevines with you for distribution to your center.

Job opening for a Digital Engagement Editor at the Grapevine. Click on the below link for more information:
https://www.aagrapevine.org/sites/default/files/2023-08/AGGV_Digital-Editor-Posting_07-25-23.pdf

30th Anniversary Edition of the book, "The HOME GROUP: HEARTBEAT of AA" is now available at the online AA Grapevine Store. It has some new stories and a new chapter on virtual meetings.

This September's feature section of the Grapevine is "Young & Sober" by AA members who got sober early in life.

Reminder to the district, the new AAGrapevine App will be released this September! For both Apple and Android phones !!!

Thank you for allowing me to be of service.

Jean R., D8 Grapevine Chair
grapevine@aa-cedarapids.org

Corrections – Jim H. (corrections@aa-cedarapids.org)

Did not attend or send a report.

Cooperation with the Professional Community – Jeff B. (cpc@aa-cedarapids.org)

Hello District 8:

Over the last month, I have made contact with five area law firms that do family law (i.e. divorce, custody, protective orders). Following the format suggested by the CPC Service Manual, I put together an informational email to the "head" of the family law practice area at: Shuttleworth & Ingersoll, Jacobsen, Johnson & Wieszorek PLC, Nazette Law Firm, Howes Law Firm, and Lynch Dallas. I intend to continue to reach out to legal professionals in the areas of family law and criminal law in the coming months.

I have also scheduled two informal CPC committee sessions to take place in the basement of the Fellowship Club at 10:00 a.m. on September 2 and September 16. Please spread the word to any/all interested.

Yours in service,
Jeff B.

Archives – Lynn M. (archives@aa-cedarapids.org)

Archives information on website:

- 1) Area 24/Dist 8 Group History Forms.
- 2) Suggestions for writing Group Histories.
- 3) Researching AA Group Histories.

At this point in time there are 4 people on the Archives Committee!! Thanks to Jess, Terry and Keith. And thank you to everyone for you support!!

There will be an Archives Display at the Thanksgiving Dinner.

In Love and Service, Lynn M.
319-431-4855
archives@aa-cedarapids.org
lynmm1988@gmail.com

Guidelines – Joe P. (archives@aa-cedarrapids.org)

Present, but nothing to report,

UNFINISHED BUSINESS

- Nominations for Corrections Chair.
 - ✓ Wes Y. nominated Bill H and he accepted.
 - ✓ Lynn M. nominated Alan G. and he accepted.
 - ✓ The body elected Alan to be our new Corrections Chair.
 - Alan gave a quick update that AA meetings will be allowed back into Anamosa State Prison.
- Nominations for Literature Chair.
 - ✓ Angie. nominated Page and she accepted.
 - ✓ Wes Y. nominated Ben L. and he accepted.
 - ✓ The body voted and Ben L. was elected as our new Literature Chair.

NEW BUSINESS

- Angie S. moved to be reimbursed \$140.79 for expenses related to the District 8 Delegate Picnic
 - ✓ Motion seconded by Troy F.
 - ✓ Motion passed.
- Lynn wanted to know if Archives rent at the Industrial Club was a line item in the Treasurer's Annual Budget. Troy F reported that it wasn't currently, but would be in next year's Annual Budget.

GROUP REPORTS

- Several Groups gave oral reports.
- Sunday Morning Breakfast Meeting
Greetings District 8,

My name is Jesseca I'm an alcoholic I am the GSR for the Sunday Morning Breakfast Meeting at the Industrial Club. Join us at 8:30 a.m. Sunday mornings downstairs at the Industrial Club in Marion. We have an average attendance of 25 alcoholics, the last Sunday of the month is an Open meeting. Meeting is held following the Industrial Club Breakfast which starts at 730am.

I'm happy to report that we are holding regular business meetings as well as donating to GSO, Area 24 and District 8 more consistently than we have in the past few years.

Anniversaries -

August 27

Carrie 2 months

Cameron 2 mo

Faith 2 months

September 24th

Bob D 41 years

Brett D 41 years

In loving service,

JessecaZ

Upcoming Events

- Area 24 – 2023 Fall Conference
 - ✓ Best Western Plus Dubuque Hotel & Conference Center
3100 Dodge Street, Highway 20 W, Dubuque, IA
October 13 – 15, 2023
- Next District Meeting
 - ✓ September 18, 2023 @ 7 PM
 - ✓ Veritas Church – 509 3rd Street SE

Tradition VIII (David O.)

Short Form: Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers.

Long Form: Alcoholics Anonymous should remain forever non-professional. We define professionalism as the occupation of counseling alcoholics for fees or hire. But we may employ alcoholics where they are going to perform those services for which we may otherwise have to engage nonalcoholics. Such special services may be well recompensed. But our usual A.A. "12th Step" work is never to be paid for.

Next Meeting: Tradition IX (Sheryl T.)

Short Form: A.A., as such, ought never be organized but we may create service boards or committees directly responsible to those they serve.

Long Form: Each A.A. group needs the least possible organization. Rotating leadership is the best. The small group may elect its secretary, the large group its rotating committee, and the groups of large metropolitan area their central or intergroup committee, which often employs a full-time secretary. The trustees of the General Service Board are, in effect, our A.A. General Service Committee. They are the custodians of our A.A. Tradition and the receivers of voluntary A.A. contributions by which we maintain our A.A. General Service Office at New York. They are authorized by the groups to handle our overall public relations and they guarantee the integrity of our principle newspaper, the A.A. Grapevine. All such representatives are to be guided in the spirit of service, for true leaders in A.A. are but trusted and experienced servants of the whole. They derive no real authority from their titles; they do not govern. Universal respect is the key to their usefulness

Adjournment

- Troy F. moved to adjourn, 2nd by Wes Y., motion passed.
- DCM adjourned the meeting @ 7:48PM

Greeters for next month- Wes Y. and Caleb

Closing

- Closed with the Lord's Prayer

Next District 8 Business Meeting

- August 21, 2023 @ 7 PM
 - ✓ Veritas Church – 509 3rd Street SE