

**Iowa 8th District**  
Box 10722  
Cedar Rapids, Iowa 52410-0722  
[www.aa-cedarrapids.org](http://www.aa-cedarrapids.org)

**Area 24**  
Box 1291  
Des Moines, Iowa 50305  
[www.aa-iowa.org](http://www.aa-iowa.org)

**General Service Office**  
Box 459, Grand Central Station  
New York, New York 10163  
[www.alcoholics-anonymous.org](http://www.alcoholics-anonymous.org)

## **District 8 Meeting Minutes September 18, 2023**

The meeting was called to order @ 7:00 PM by DCM (Kyle T.)

### **Non-AA / Non-District Announcements**

- Note: The DCM reminded the body several times (during the regular business meeting) that all **Non-AA / Non-District Announcements** should be announced before the Serenity Prayer and not during the regular District Business Meeting.*

### **The Serenity Prayer**

### **Welcome New GSRs / Alt GSRs**

- Al from Marion mid-week filling in for Ray, who had knee surgery.

### **The Agenda**

- Wes Y. moved to approve the Agenda
  - ✓ Motion seconded by Duane.
  - ✓ Motion adopted

## **OFFICER REPORTS**

### **Secretary – Todd H. ([secretary@aa-cedarrapids.org](mailto:secretary@aa-cedarrapids.org))**

- Troy F. moved to approve the Secretaries report
  - ✓ Motion seconded by Wes Y.
  - ✓ Motion adopted

Good evening District 8! Thank you for allowing me the privilege to serve as your District Secretary! Please let me know if there is anything that I may have missed in last month's minutes and if anyone has not yet received correspondence from me. Please call or text me, if you have time sensitive correspondence needing to be sent out. I do not want to miss anyone and would appreciate it. Thank you in advance!!

Yours in Love and Service,  
Todd  
Cell: 319-310-2730

### **Treasurer – Troy F. ([treasurer@aa-cedarrapids.org](mailto:treasurer@aa-cedarrapids.org))**

- Wes Y. moves to approve Treasurer's report
  - ✓ Motion seconded by Angie
  - ✓ Motion adopted

Greetings District 8!

See email attachment from Secretary for my reports.

Troy F.

**Alternate DCM** – ([altdcm@aa-cedar-rapids.org](mailto:altdcm@aa-cedar-rapids.org))

Hello District 8,

Last month's meeting attendance was 29 total, with 18 GSRs and 11 service chairs in attendance.

Everyone please be sure to sign in. The sign in sheet is located by the door on the table with the announcements.

Please email me any changes that need to be applied to the printable, electronic and virtual meeting lists. Admittedly, I have been slacking in my responsibility of forwarding new meeting information to our District Technology Chair so he can keep our meeting list updated on the District 8 website. I am also slacking in forwarding all meeting change information to the Area 24 Alternate Delegate to keep the Area meeting list updated. I continue to keep record of all changes affecting the printable meeting list and plan to update it as I am time permits.

Please check the Area 24 meeting list, the District website's meeting list, and District 8's printable meeting list. Look for any corrections regarding times, locations, and type of meeting, i.e. Open/Closed, or Zoom/In Person. Thank you.

If your group has made any changes, including new GSR, Alt GSR, or both, and has not submitted a group change form, please do so at your earliest convenience. Group change forms are available on the District 8 website as well as on the table with the sign in sheet and announcements.

I acknowledge that I have some outstanding requests for group updates and I still owe the District a flyer for corrections meetings and volunteer requirements... I anticipate better progress on these tasks in the upcoming month.

Finally, I want to extend my sincere appreciation to both Jeremy M and Kyle T for their willingness to cover some of my duties in my absence.

I look forward to seeing everyone next month.

In Service,

Josh H.  
Alternate DCM  
District 8  
[altdcm@aa-cedar-rapids.org](mailto:altdcm@aa-cedar-rapids.org)  
402.309.9850

**DCM – Kyle T.** ([dcm@aa-cedar-rapids.org](mailto:dcm@aa-cedar-rapids.org))

Greetings District 8

- Since we last met, I attended the following meeting and events:
  - Serenity Seekers Wednesday 9/6 at noon

I am planning on attending all of the listed meetings in District 8 during my term. If you'd like me to attend your homegroup before our next District Meeting please let me know.

That is all I have to report for September

In Service,

Kyle M. Taylor

Kyle Taylor  
District 8 DCM  
Cell: (319) 651-7765  
Email: [dcm@aa-cedar-rapids.org](mailto:dcm@aa-cedar-rapids.org)

## **COMMITTEE CHAIR REPORTS**

**Corrections – Al G.** ([corrections@aa-cedar-rapids.org](mailto:corrections@aa-cedar-rapids.org))

We meet 3 times so far at Anamosa reformatory that meets Tuesday at 4:00pm there is up to 25 insiders at meetings, I was able to call Brandon about some daily reelections that the pink can could finance. Im still looking for volunteers for Anamosa reformatory. I will come to your group to explain services opportunity and bring application to send in to Anamosa. You will have to do a 90 minute training at prison and prea yearly to attend meetings. They will notify you with a letter about training. You will need to notify Alan Garlow at (319)202-8321 to get on a list at the time. You can call Alan Garlow at (319)202-8321 for application or send a message to [amy.christianson@iowa.gov](mailto:amy.christianson@iowa.gov) to requests an application via hyper link by email.

I'm planning to go to the Thursday night meeting at the Wentzle center this upcoming month. I called Gus to check on the jail and center for meeting status and Karla for the women jail meeting and all well. . I'm putting together a list of places we meet at and contacts, so I can complete a flier for the web site.

Jeremy treatment chair told me about Vinton jail and will get the contact number to call about a meeting in Vinton county jail. I will let you know more information once I find out.

In services ,  
alan Garlow

**Grapevine – Jean R. ([grapevine@aa-cedarrapids.org](mailto:grapevine@aa-cedarrapids.org))**

Greetings District 8

Approximately 10–20 Grapevines were given to Katrina to take to the Heart of Iowa after our last district 8 meeting in August.

If anyone here at the District Meetings goes regularly to a Detox Facility, please see me after the meeting tonight so that you can take some Grapevines with you for distribution to your center. I have 20 with me tonight.

I attended a zoom Grapevine committee meeting given by Area 23, Indiana District 38. The zoom session PowerPoint was titled “Grapevine as a Lifeline, a Tool for Sobriety”.

**AA’S 12 STEP TOOLS: GRAPEVINE AND LA VIÑA**

The zoom meeting also covered the question “Is AAGrapevine conference approved?”  
The Grapevine is published 12 times a year and the Conference meets annually, it would be impossible to approve every issue.

CONFERENCE ADVISORY ACTION, 1986: “SINCE EACH ISSUE OF THE GRAPEVINE CANNOT GO THROUGH THE CONFERENCE-APPROVAL PROCESS, THE CONFERENCE RECOGNIZES THE GRAPEVINE AS THE INTERNATIONAL JOURNAL OF ALCOHOLICS ANONYMOUS.”

The zoom meeting also covered that the Grapevine can be used as a 12-step tool and that the magazine have been referred to as a “meeting in print”

There are meetings that use the Grapevine as a format. Every issue provides readings and topics that provide everything needed to have a meeting.

Beginning with the preamble, the 12 steps, 12 traditions and the responsibility statement.

Big News!!!!!!

The new AAGrapevine App is now available on Android and iPhones

The Grapevine and La Viña apps are here!

With a Digital subscription, you’ll be able to read the new magazine each month, explore the Grapevine or La Viña archive, send stories to friends, listen to the audio of each article in the magazine, listen to the podcast, enter your own sobriety date for a daily calculation, build your own spiritual maintenance daily checklist, and much more.

Subscribe to the digital magazine and archive for \$2.99 per month, or \$29.99 per year.

New digital users will need to subscribe to get the monthly digital magazine, archives, and other content. Existing digital subscribers will be able to log into the app using your current username and password. [www.aagrapevine.org/store/subscriptions](http://www.aagrapevine.org/store/subscriptions)

Additional App News can be found in the District 8 Newsletter that is posted every month at our website:  
<https://www.aa-cedarrapids.org>

Thank you for allowing me to be of service.

Jean R., D8 Grapevine Chair  
[grapevine@aa-cedarrapids.org](mailto:grapevine@aa-cedarrapids.org)

**Cooperation with the Professional Community – Jeff B. ([cpc@aa-cedarrapids.org](mailto:cpc@aa-cedarrapids.org))**

No report.

**Archives – Lynn M. ([archives@aa-cedarapids.org](mailto:archives@aa-cedarapids.org))**

Have been sorting and organizing very cool stuff in the Archives!

My Home Group meets Fridays at 8pm at the Marion Industrial Club. I sort through material while the Boys play cards. Thanks to Jessica Z. for your help, and Keith P. and Scott for your interest in the Archives.

There will be an Archives Display at the Thanksgiving Dinner Sat. Nov. 18th at St. Ludmilas

In Love and Service, Lynn M  
319 431-4855  
[archives@aa-cedarapids.org](mailto:archives@aa-cedarapids.org)  
[Lynnm1988@gmail.com](mailto:Lynnm1988@gmail.com)

**Tech Chair – Dave G. ([tech@aa-cedarapids.org](mailto:tech@aa-cedarapids.org))**

The tech committee met by Zoom on August 28, 2023. Present were committee members Dave G., Jenn D., and Jess Z. We discussed gathering information on the duties of the GSR and posting to our website to help GSR's to learn about the position and encourage increased service participation. Currently, a mock-up of this is being put together for evaluation by the committee.

Since our last district meeting the following flyers were posted to the website: EBUZ Super Sunday Speaker for September 17, updates for the Late-Night Group Friday and Saturday night meetings, Thanksgiving Dinner, Big Book Workshop in November, and the Crossroads Chili Feed. Old flyers have been removed through yesterday.

In other work done we posted the updated District 8 guidelines; we helped the new literature chair access email; and we are working on fixing the problem with Meeting Guide directions to Marion Midweek.

Speaking of Meeting Guide, this month we received access to the Meeting Guide Entity Dashboard. Meeting Guide version 4.1.6 was released in August which updated language labels and fixed some minor bugs. Currently, there are 527 A.A. entities connected to Meeting Guide, contributing over 150,000 meetings.

This month we received the first request to use our district Zoom account since January. Our Zoom Pro subscription renews on September 21 for \$15.99 per month. Does the district wish to renew this subscription?

We will continue to upgrade the website and strive to make it as accessible and up to date as possible. Please continue to give me any updates of upcoming events so I can place them on our website. If you see any errors or improvements that need to be made with the website, please direct them to me.

In my capacity as tech committee chair, please let me know if there is anything I can do to help you.

Our website had 608 distinct tracked users in the past 30 days, down from 662 last month.

Our next District 8 Tech Committee meeting is Monday, September 25 at 7 pm by Zoom.

Respectfully submitted,

Dave G.

District 8 Tech Chair / Webmaster  
[tech@aa-cedarapids.org](mailto:tech@aa-cedarapids.org)

**Treatment – Jeremy M** ([treatment@aa-cedarrapids.org](mailto:treatment@aa-cedarrapids.org))

Greetings District 8,

My apologies for not being able to attend tonight's meeting but a huge shoutout to our District Lit Chair Ben L. for all his help with this month's treatment flyer. No new updates, only a reminder that this month's informational meeting for District 8 treatment will be held on Saturday Sept. 23rd and Saturday Sept. 30th at 10am. For anyone currently representing AA at our area treatment facilities, or who may be interested in serving, please feel free to attend. Last month, we had one person in attendance and this month I hope to see more. These meetings will be held via Zoom and are an excellent opportunity to learn more about AA in the treatment setting. Login information can be found on this month's flyer.

Thank you,

Jeremy M.

**Public Information – Mark S.** ([pi@aa-cedarrapids.org](mailto:pi@aa-cedarrapids.org))

Mark made amends to the body for not being as efficient at his position as he thought he should have been thus far. He asked for help from anyone willing after the meeting.....

**Newsletter – Diane N.** ([newsletter@aa-cedarrapids.org](mailto:newsletter@aa-cedarrapids.org))

I will not be in attendance at tonight's meeting due to a class I'm attending, but below is my newsletter chair report for this month.

September's newsletter was sent to the District Secretary and Webmaster for distribution and posting on August 31st. October's edition will be sent by the end of this week in order for it to be sent out prior to the beginning of October. I'd like to remind the GSRs to continue forwarding and/or printing it in order for it to be shared with your groups. Thank you to those who've submitted articles and ideas thus far. I'm always open to more ideas and articles if you're interested in writing one, just reach out. If you are not receiving the district's emails and would like to receive the Newsletter, email [newsletter@aa-cedarrapids.org](mailto:newsletter@aa-cedarrapids.org) to be added to the DL. Thank you for allowing me to be of service in this manner.

In Service,  
Diane N  
Newsletter Chair  
[newsletter@aa-cedarrapids.org](mailto:newsletter@aa-cedarrapids.org)

**Literature – Ben L.** ([literature@aa-cedarrapids.org](mailto:literature@aa-cedarrapids.org))

Greetings district 8

Pleased to report that we were able to remove the previous chair from the literature funds account and add myself to the account. We were able to contact previous chair and obtain the literature inventory. I have gained access to the lit chair email and am up to date with all communications.

Thank you for the opportunity to serve our district.  
Ben

**Guidelines (Not asked to report monthly) – Joe P.** ([archives@aa-cedarrapids.org](mailto:archives@aa-cedarrapids.org))

## **UNFINISHED BUSINESS**

- N/A

## **NEW BUSINESS**

- Our Zoom subscription expires September 21, 2023. Does the body wish to take any action?
  - ✓ Dave G. gave information about the complexity of utilizing the Districts zoom account and that he has only had one request to use it since last January. Much discussion took place. It was announced that the District is currently paying \$203.40/year.
  - ✓ Troy F. moved that we discontinue our zoom account.
    - Motion seconded by Jesseca Z.
    - Motion passed.

## **GROUP REPORTS**

- Several Groups gave oral reports.
- Kenwood Group:

Hey, I'm Kristin and I'm and alcoholic. I am the GSR for Kenwood Group. We meet every Tuesday night at 8PM at Kenwood Park Methodist Church on 34th St., a block from the Fellowship Club. We are growing and now have 14 home group members and our meetings average 20-25 people.

The last Tuesday of every month we raffle AA literature and shares are based on the raffle system as well.

Robin K and Steve R have sobriety anniversaries in September.

It's always a fabulous meeting but would love to see more women.....
- Al G reported verbally that the Damn AA meeting in Central City will be closing down at the end of this month, due to low attendance numbers.
- Sunday Morning Breakfast Meeting:

Greetings District 8,

My name is Jesseca I'm an alcoholic I am the GSR for the Sunday Morning Breakfast Meeting at the Industrial Club. We meet at 8:30 a.m. Sunday mornings downstairs at the Industrial Club in Marion following the Industrial Club's Breakfast. We have an average attendance of 26 alcoholics, the last Sunday of the month is an Open meeting.

September 24th we will be celebrating  
Bob D (Bait shop Bob) 41 years  
Brett D 41 years  
Nick F 6 years

In loving service,

JessecaZ

## **Upcoming Events**

- Area 24 – 2023 Fall Conference
  - ✓ Best Western Plus Dubuque Hotel & Conference Center  
3100 Dodge Street, Highway 20 W, Dubuque, IA  
October 13 – 15, 2023
- Next District Meeting
  - ✓ October 16, 2023 @ 7 PM
  - ✓ Veritas Church – 509 3rd Street SE

### **Tradition Tradition IX (Sheryl T.)**

**Short Form:** A.A., as such, ought never be organized but we may create service boards or committees directly responsible to those they serve.

**Long Form:** Each A.A. group needs the least possible organization. Rotating leadership is the best. The small group may elect its secretary, the large group its rotating committee, and the groups of large metropolitan area their central or intergroup committee, which often employs a full-time secretary. The trustees of the General Service Board are, in effect, our A.A. General Service Committee. They are the custodians of our A.A. Tradition and the receivers of voluntary A.A. contributions by which we maintain our A.A. General Service Office at New York. They are authorized by the groups to handle our overall public relations and they guarantee the integrity of our principle newspaper, the A.A. Grapevine. All such representatives are to be guided in the spirit of service, for true leaders in A.A. are but trusted and experienced servants of the whole. They derive no real authority from their titles; they do not govern. Universal respect is the key to their usefulness

### **Next Meeting: Tradition X (Ben L.)**

**Short Form:** Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.

**Long Form:** No A.A. group or member should ever, in such a way as to implicate A.A., express any opinion on outside controversial issues -- particularly those of politics, alcohol reform, or sectarian religion. The Alcoholics Anonymous groups oppose no one. Concerning such matters they can express no views whatever.

### **Adjournment**

- Troy F. moved to adjourn, 2<sup>nd</sup> by Wes Y., motion passed.
- DCM adjourned the meeting @ 7:57PM

### **Greeters for next month- Wes Y. and Caleb**

### **Closing**

- Closed with the Lord's Prayer

### **Next District 8 Business Meeting**

- October 16, 2023 @ 7 PM
  - ✓ Veritas Church – 509 3rd Street S