

**Iowa 8th District**  
Box 10722  
Cedar Rapids, Iowa 52410-0722  
[www.aa-cedarrapids.org](http://www.aa-cedarrapids.org)

**Area 24**  
Box 1291  
Des Moines, Iowa 50305  
[www.aa-iowa.org](http://www.aa-iowa.org)

**General Service Office**  
Box 459, Grand Central Station  
New York, New York 10163  
[www.alcoholics-anonymous.org](http://www.alcoholics-anonymous.org)

## **DISTRICT 8 MEETING MINUTES**

### **January 15, 2024**

The meeting was called to order @ 7:01 PM by DCM (Kyle T.)

#### **Non-AA / Non-District Announcements**

- CRAEC – Flamingo March 24th Meeting (flier attached)
- Cedar River Roundup service positions available
- 2025 IAYPAA – bid committee

#### **The Serenity Prayer**

#### **Welcome New GSRs / Alt GSRs**

- Scott (Benton Group)

#### **The Agenda**

- Wes Y moves to approve the Agenda
  - ✓ Motion seconded by Jess Z
  - ✓ Motion adopted

### **OFFICER REPORTS**

#### **Secretary – Todd H (Brett M sub tonight) ([secretary@aa-cedarrapids.org](mailto:secretary@aa-cedarrapids.org))**

- Caleb S moves to approve the Secretary Report
  - ✓ Motion seconded by Wes Y
  - ✓ Motion adopted

Greetings District 8!

I am incredibly grateful to be serving in this capacity tonight and pray to be a help and not a hindrance. With that, let me know if there is any way I can be of service to you!

I love you all!  
Brett M (319) 654-6910

Good evening District 8!

With my wife testing positive for Covid, we (a small Group Conscience) decided it was best to air on the side of caution and have me stay home tonight.

Thank you everyone for your patience with the high volume of emails. There has been a lot going on and we want to make sure that the Groups are informed. I would like to bring up again that it is not possible to send mass emails through the District Secretary DreamHost account. If the body feels it should be addressed, then someone could make a motion to discuss or motion for the tech committee to look into, if they choose please.

Please let me know if there is anything that I may have missed in last month's minutes and if anyone has not yet received correspondence from me.

Yours in Love and Service,  
Todd H (319) 310-2730

**Treasurer – Troy F** ([treasurer@aa-cedar-rapids.org](mailto:treasurer@aa-cedar-rapids.org))

- 2024 Budget attached to email
- January Report attached to email
- January Report Spreadsheet attached to email
- Lynn M moves to approve the Treasure Report
  - ✓ Motion seconded by Jess Z
  - ✓ Motion adopted

**Alternate DCM – Josh H** ([altdcm@aa-cedar-rapids.org](mailto:altdcm@aa-cedar-rapids.org))

Hello District 8,

Last month's meeting attendance was 40 total, with 20 GSRs, 3 AltGSRs, and 9 service chairs in attendance.

Everyone please be sure to sign in. The sign in sheet is located by the door on the table with the announcements.

Please email me any changes that need to be applied to the printable, electronic and virtual meeting lists.

I am forwarding new meeting information to our District Technology Chair so they can keep our meeting list updated on the District 8 website. I am also forwarding all meeting change information to the Area 24 Alternate Delegate to keep the Area meeting list updated.

Please take a moment to check the Area 24 meeting list, the District website's meeting list, and District 8's printable meeting list for any corrections regarding times, locations, and type of meeting, i.e. Open/Closed, or Zoom/In Person. Thank you.

If your group has made any changes, including new GSR, Alt GSR, or both, and has not submitted a group change form, please do so at your earliest convenience. Group change forms are available on the District 8 website as well as on the table with the sign in sheet and announcements.

In Service,

Josh H.  
Alternate DCM  
District 8  
[altdcm@aa-cedar-rapids.org](mailto:altdcm@aa-cedar-rapids.org)  
402.309.9850

**DCM – Kyle T** ([dcm@aa-cedar-rapids.org](mailto:dcm@aa-cedar-rapids.org))

Greetings District 8–

Since we last met, I attended the following meeting and events:

- I attended the Saturday Night Live Meeting Saturday, January 6th at 10 pm (CRG)
- I attended the Area 24 Virtual Service Weekend via Zoom January 13th and 14th

**I am planning on attending all of the listed meetings in District 8 during my term. If you'd like me to attend your homegroup before our next District Meeting please let me know.**

It was brought to my attention that I failed to pass along an important Area 24 email to District Chairs and GSR's. After looking into it, I realized I was doing a horrible job of that this past month; that is why you received so many emails with attachments. Our Area 24 Delegate specifically wants a collective group conscience from each District about the 7 questions in the document "How Should We Treat AA's Founders' Writings." This will be discussed at the March service weekend.

Also, the West Central Regional Service Conference is March 1st thru 3rd. There will be a Zoom option available, and I encourage all of you to attend. Traditionally, District 8 has a supplemental District Meeting the following Monday (March 4th) where we discuss all the agenda items. The agenda items will be distributed amongst District 8 Chairs and they will present them and answer questions at the supplemental meeting.

I offer an amend to the District for falling behind on forwarding important Area 24 emails and want to assure you all that I will be extremely diligent moving forward, and this will not happen again.

In Service,

Kyle Taylor  
District 8 DCM  
Cell: (319) 651-7765  
Email: dcm@aa-cedarrapids.org

## **COMMITTEE CHAIR REPORTS**

### **Cooperation with the Professional Community – Jeff B ([cpc@aa-cedarrapids.org](mailto:cpc@aa-cedarrapids.org))**

Hello District 8!

I hope everyone had a happy, healthy, and sober holiday season. The last CPC committee meeting occurred on December 8 at 10:30 a.m. We had three in attendance. The District 8 CPC committee is in the nascent stages of planning a fall 2024 seminar, aimed at: (1) connecting with local professionals who have frequent contact with alcoholics in the workplace and (2) providing those professionals with practical information about AA and Al-Anon--who we are, what we do, where we may be found.

I have been fortunate to receive the ready assistance of several local AAs, including John R., Julie S., and Saige T. We always have room for more! Please join us at the next regular meeting of the District 8 CPC Committee, which will be February 10 at 10:30 in the basement of the Fellowship Club. There is a flyer and there will be doughnuts.

Yours in service,  
Jeff B.

### **Archives – Lynn M ([archives@aa-cedarrapids.org](mailto:archives@aa-cedarrapids.org))**

Hello Everyone in Service!

1. It was slow-going sorting and organizing the Archives in December. I was blessed to be able to celebrate the Holidays with family in Florida. Another night was taken up with celebration, eating cake and watching pinochle.
2. Forms you can get on District 8 website: aa-cedarrapids.org. Click Business documents:
  - a. Group History (2 pgs)
  - b. Suggestions on writing Group Histories
  - c. Researching Group Histories
3. 27th Annual AA Archives Workshop. Sept. 26 - 29, 2024.  
DesMoines, IA. NAAAW.org.  
Dave G. is our in-person contact.
4. I now have a working list of Dist. 8 GSR's/Alt's and their contact info. Thanks Jesseca Z.
  - a. oh, and speaking of Jesseca, she has been newly appointed Co-Chair of the District 8 Archives Committee!
  - b. It would be fabulous to attend your Group's Business Meeting to talk about your Group's History.
5. I continue to seek out Group Fliers and Group Information- past, present and future - though I realize I must be present in the present!
6. Archives people meet every Friday night at the I. Club (Industrial Club in Marion) after Friday Night Unity Group 8-9 pm.

In Love and Service,

Lynn M.  
319-431-4855  
archives@aa-cedarrapids.org  
lynnm1988@gmail.com

### **Tech Chair – Dave G ([tech@aa-cedarrapids.org](mailto:tech@aa-cedarrapids.org))**

The tech committee met by Zoom on Monday, January 8, 2024 at 7 pm. Present were Dave G., Jess Z., John R., and Mark S. We

discussed the alternatives to the current District 8 answering service, which will be reported separately (attached in secretary meeting minutes email distribution).

Since our last district meeting the following were posted to the website: the January newsletter, the updated National AA Archives Workshop flyer, and the most current printable meeting list. The district minutes and treasurer's reports from January through December 2023 were added to the website and we will continue to post those monthly. The new meeting called, "In Due Time", was added to Meeting Guide and the flyer posted. We took down all expired flyers as of 1/13/24.

At this time the only flyer under service opportunities is for the Cedar River Roundup service opportunities. Previously there were service opportunities for treatment, corrections, the Greater Cedar Rapids Events Committee, CPC, and Grapevine. All of those expired so if you want new information posted then please submit to me and we will post it, even if you don't have a flyer.

The district website was down on December 24 between 9:19 pm and 9:23 pm, and again between 9:36 pm and 9:38 pm for an unknown reason, but it was reported by the Uptime Robot email.

Our website had 539 distinct users in the past 30 days, up from 532 last month.

We will continue to upgrade the website and strive to make it as accessible and up to date as possible. Please continue to give me any updates of upcoming events so I can place them on our website. If you see any errors or improvements that need to be made with the website, please direct them to me.

In my capacity as tech committee chair, please let me know if there is anything I can do to help you

Our next District 8 Tech Committee meeting will be Monday, January 8 at 7 pm by Zoom.

Respectfully submitted,

Dave G.

District 8 Tech Chair / Webmaster  
[tech@aa-cedarrapids.org](mailto:tech@aa-cedarrapids.org)

**Treatment – Jeremy M** ([treatment@aa-cedarrapids.org](mailto:treatment@aa-cedarrapids.org))

No written report. Verbal report provided.

**Public Information – Mark S** ([pi@aa-cedarrapids.org](mailto:pi@aa-cedarrapids.org))

No written report.

**Newsletter – Diane N** ([newsletter@aa-cedarrapids.org](mailto:newsletter@aa-cedarrapids.org))

January Newsletter attached to email.

Please accept my apology for missing yet another District meeting, however, I guarantee you I'm working behind the scenes.

February's newsletter will be sent to the District Secretary and Webmaster by tomorrow morning to be distributed and posted accordingly. Here are a few things I'd like to share about the 2024 newsletters:

- Each month this year we'll highlight one of the District positions (info taken from Guidelines) to educate people about what each position does in order to educate and ramp up people for voting later on this year.
- Each month this year, we will also be focusing on one of the steps and various AA members will contribute that piece. There are still some steps available if you're interested in sharing your experience, strength and hope.
- I'd like to remind the GSRs to continue forwarding and/or printing it in order for the newsletter to be shared with your groups.

Thank you to those who've submitted articles and ideas thus far. I'm always open to more ideas and articles if you're interested. If you are not receiving the district's emails and would like to receive the Newsletter, email [newsletter@aa-cedarrapids.org](mailto:newsletter@aa-cedarrapids.org) to be added to the DL. Thank you for allowing me to be of service in this manner.

Stay Gold,  
Diane N  
Newsletter Chair

**Literature – Ben L** ([literature@aa-cedarrapids.org](mailto:literature@aa-cedarrapids.org))

No written report.

**Corrections – Al G** ([corrections@aa-cedarrapids.org](mailto:corrections@aa-cedarrapids.org))

I report all is going well with facilities and will be working putting together a workshop with Jeremy.

Yours in service;  
Alan Garlow (district 8 correctional chair.)

**Grapevine – Jean R** ([grapevine@aa-cedarrapids.org](mailto:grapevine@aa-cedarrapids.org))

Sorry that I am not available to attend the District meeting on January 15, 2024.  
Happy New Year!!!!

We are prepared to represent the Grapevine at the 30th Annual Cedar River Round Up held at the Radisson Hotel, Cedar Rapids, IA February 16-18, 2024.

Drop by the Grapevine Table to pick up Grapevine Material and Free Grapevine Book Marks.

If you have Grapevines that you want to donate, we will provide a donation basket at our table.

See you soon,  
Jean R., D8 GV Chair

**Committee to explore alternatives to Anser Iowa – Dave G**

Report attached to email.

**UNFINISHED BUSINESS**

- None

**NEW BUSINESS**

- John R moves to approve “Proposed 2024 Budget” with amendment of Archives Line Item
  - ✓ Motion seconded by Lynn M
  - ✓ Motion adopted
- Jess Z moves that the voting process be changed in the District 8 guidelines, removing the service chairs and district officers eligibility to vote. Allowing only GSR's or designated groups representatives to have a vote.
  - ✓ Motion seconded by Lynn M
  - ✓ Motion failed
- Josh H moves that District 8 reinstate a Zoom account, with scheduling and access managed by the Tech Committee, funded by District account.
  - ✓ Motion seconded by Jeremy M
  - ✓ Motion passed
- Treasurer nominations – 20 people voting
  - ✓ Lynn M moves to nominate Jess Z
    - Round 1 – 4 votes
    - Round 2 – 2 votes
  - ✓ John R moves to nominate Jeff F
    - Round 1 – 2 votes
    - Round 2 – 0 votes
  - ✓ Josh H moves to nominate Alissa N

- Round 1 – 13 votes
- Round 2 – 16 votes
- ✓ Josh S moves to nominate Chaim B
  - Round 1 – 1 vote
- ✓ Alissa N won the nomination with 14 votes fulfilling the  $\frac{2}{3}$  majority vote requirement

## **GROUP REPORTS**

- EBUZ attached
  - ✓ Hello, Sue C, from Ebuz will be getting her 20 year chip on Jan. 27th. This may be too late, but I'm sending it anyway. Thank you for your service!
- Foxhall attached
- Sunday Morning Breakfast Meeting
  - ✓ Hello District 8,  
A big thank you to all who came out for the 46th anniversary of the Sunday Morning Breakfast Meeting at the Industrial Club, we served over 50 people for the free breakfast, and had 51 alcoholics in attendance for the meeting.  
\* Valerie was our winner for the drawing for a year of free breakfasts! \*  
Once again we appreciate all of your support in our celebration! Seeing the big meeting room so full was something I haven't experienced since I started coming to the Sunday Morning Meeting but I have heard many of our longtimers talk about "back in the day" when it was overflowing! Thank you again for making that happen!  
For those of you who do not know about us, we meet Sunday mornings at 8:30am at the Industrial Club in Marion following the Industrial Club Breakfast (which starts at 7:30am). Our average meeting attendance is 25, our trusted servants have accomplished perfection in their coffee brewing skillz and keep both decaf and regular coffee ready to go! Our meetings do frequently run over an hour but we make sure to give sharing time for those who need to leave at 9:30. We recently got blessed with a brand new GSR Alt, Kelsey A, we are very excited to have her joining our little tribe!  
Upcoming anniversaries-  
January 21st Carlie S - 6 yrs  
January 28th Kurt B - 41 yrs  
  
In love and service,  
Jess Z
- Several groups gave oral reports

## **Upcoming Events**

- Next District Meeting
  - ✓ February 19, 2024 @ 7 PM  
Unity Center of Cedar Rapids  
3791 Blairs Ferry Rd NE  
Cedar Rapids, IA 52402
- West Central Regional AA Service Conference
  - ✓ March 1, 2024 @ 8:00 AM - March 3, 2024 @ 5:00 PM  
Grand Hotel Minot ND  
1505 North Broadway  
Minot, ND 58703
- 2024 March Area 24 Service Weekend
  - ✓ March 9th and 10th  
Midnight Garden Event Center  
1501 South 17th Ave #2  
Marshalltown, IA 50158
- 2024 Area 24 Spring Conference
  - ✓ June 7–9, 2024  
Dordt University  
700 7th St NE  
Sioux Center, IA 51250

## **Concept I (Wes Y)**

Short Form: Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

Long Form: The final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

### **Next Meeting: Concept II (Lynn M)**

Short Form: The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole society in its world affairs.

Long Form: When, in 1955, the A.A. groups confirmed the permanent charter for their General Service Conference, they thereby delegated to the Conference complete authority for the active maintenance of our world services and thereby made the Conference—excepting for any change in the Twelve Traditions or in Article 12 of the Conference Charter—the actual voice and the effective conscience for our whole Society.

### **Adjournment**

- DCM adjourned the meeting @ 8:49 PM

### **Greeter for next Month**

- Angie and Paige

### **Closing**

- Closed with the Lord's Prayer

### **Next District 8 Business Meeting**

- February 19, 2024 @ 7 PM  
Unity Center of Cedar Rapids  
3791 Blairs Ferry Rd NE  
Cedar Rapids, IA 52402