

Iowa 8th District
Box 10722
Cedar Rapids, Iowa 52410-0722
www.aa-cedarrapids.org

Area 24
Box 1291
Des Moines, Iowa 50305
www.aa-iowa.org

General Service Office
Box 459, Grand Central Station
New York, New York 10163
www.alcoholics-anonymous.org

DISTRICT 8 MEETING MINUTES

February 19, 2024

The meeting was called to order @ 7:08 PM by DCM (Kyle T.)

Non-AA / Non-District Announcements

- CRAEC – Flamingo March 24th Meeting
- 2025 IAYPAA – bid committee

The Serenity Prayer

Welcome New GSRs / Alt GSRs

- N/A

The Agenda

- Wes Y. moves to approve the Secretary Report
 - ✓ Motion seconded by Al G.
 - ✓ Motion adopted

OFFICER REPORTS

Secretary – Todd H (secretary@aa-cedarrapids.org)

- Ray C. moves to approve the Secretary Report
 - ✓ Motion seconded by Wes Y.
 - ✓ Motion adopted

Good evening District 8!

Thank you again for allowing me the privilege to serve as your Secretary! Just wanted to mention that with I am unable to send mass emails out using the Dreamhost account and would like for the Tech Committee to look into the issue please. Please let me know if there is anything that I may have missed in last month's minutes and if anyone has not yet received correspondence from me.

Yours in Love and Service,
Todd H (319) 310-2730

Treasurer – Alissa N. (treasurer@aa-cedarrapids.org)

- Report below and Spreadsheet attached to email
- Kaleb S. moves to approve the Treasure Report
 - ✓ Motion seconded by Cheryl T.
 - ✓ Motion adopted

Greetings District 8,

Here is my report for the month of February 2024...

Our starting balance for this reporting period was \$3086.23.

Total debits for the month amounted to \$407.72 including a payment to AnswerIowa of \$248.24. CenturyLink

was paid \$43.40. Dreamhost was paid \$5.00. Unity Center rent for February was paid for \$25.00. DCM reimbursed \$26.08 for copies October through January. Total deposits for the month amounted to \$210.00 from 4 group contributions. Refund of \$144.48 from Expedia for DCM canceled hotel in January. Our ending balance is \$.30322.99
Our prudent reserve is \$1,500.00 which leaves us an available balance of \$1532.99.
Our literature account has a balance of \$483.00.

9 of 72 Groups in District 8 (13%) have contributed to our District fund in FY24.

Friday Night Hope
Full Measures
Last Call
Marion Friday Night
Mercy Group
New Beginnings
West Highlands
Women Into Action
Women's Fellowship Club

Thank you for the opportunity to be of service,
Troy F.
Outgoing District 8 Treasurer

Alternate DCM – Josh H (altdcm@aa-cedarrapids.org)

Hello District 8,

Last month's meeting attendance was 24 total, with 14 GSRs, 4 AltGSRs, and 6 service chairs in attendance.

Everyone please be sure to sign in. The sign in sheet is located by the door on the table with the announcements.

Please email me any changes that need to be applied to the printable, electronic and virtual meeting lists.

I am forwarding new meeting information to our District Technology Chair so they can keep our meeting list updated on the District 8 website. I am also forwarding all meeting change information to the Area 24 Alternate Delegate to keep the Area meeting list updated.

Please take a moment to check the Area 24 meeting list, the District website's meeting list, and District 8's printable meeting list for any corrections regarding times, locations, and type of meeting, i.e. Open/Closed, or Zoom/In Person. Thank you.

If your group has made any changes, including new GSR, Alt GSR, or both, and has not submitted a group change form, please do so at your earliest convenience. Group change forms are available on the District 8 website as well as on the table with the sign in sheet and announcements.

In Service,

Josh H.
Alternate DCM
District 8
altdcm@aa-cedarrapids.org
402.309.9850

DCM – Kyle T (dcm@aa-cedarrapids.org)

Greetings District 8

- ❖ Since we last met, I attended the following meeting and events:
 - I attended the the Basic Text Group Thursday January 25th, 6pm at Grace Episcopal Church
 - I attended the HillSide Group Monday January 29th, 7pm at St. Ludmila Church
 - I attended the Cedar River Roundup this past weekend and participated in the skit
 - I also attended 3rd virtual Q&A session in regard to the founder's writings questions yesterday afternoon from 1:30pm to 3:00pm

I am planning on attending all of the listed meetings in District 8 during my term. If you'd like me to attend your homegroup before our next District Meeting please let me know.

I had a great time this weekend at the Cedar River Roundup and flexed my mediocre British accent as Ed Sheeran in this year's skit. Sincere gratitude to the host committee who did a spectacular job; all the speakers were amazing and it's encouraging to be part of an event each year that helps fulfill the primary purpose of Alcoholic's Anonymous in a way that is truly inspiring. I would like to remind the body that the West Central Regional Service Conference is March 1st thru March 3rd in North Dakota. This is a Hybrid event and I would like to encourage everyone here to attend via Zoom. Registration is \$30, you will have the Zoom link emailed to you after you register. There will be discussion about this year's General Service Conference Agenda items, if you have never attended (or have attended before), I strongly encourage you to participate. Generally, District 8 has a supplemental meeting every March to go over the General Service conference agenda items. I suggest we hold this meeting March 4th, immediately following the West Central Regional Service Conference. Each chairperson will be assigned agenda items to present on at this supplemental meeting. This meeting is important, as we will also be discussing the Agenda Items at the March Service Weekend in Marshalltown the following weekend. This is an opportunity for District 8 to give our Area 24 Delegate a sense of our group conscience (as well as a sense of Area 24's group conscience) in regards to the agenda items.

In Service,

Kyle Taylor
District 8 DCM
Cell: (319) 651-7765
Email: dcm@aa-cedarrapids.org

COMMITTEE CHAIR REPORTS

Tech Chair – Dave G (tech@aa-cedarrapids.org)

The tech committee met by Zoom on Monday, February 12, 2024 at 7 pm. Present were Dave G., Jess Z., and Al R. Al R. has joined our committee and will be service as the District 8 Zoom Master. Please welcome him aboard. At the meeting we discussed the duties of the new Zoom Master. The Zoom subscription will be started with the first request for a Zoom meeting. We also reviewed the website and suggestions for improvement.

Since our last district meeting the following flyers were posted to the website: Read It and Weep 3rd anniversary, Vinton 1st anniversary, Young Peoples Conference bid meeting, Greater Cedar Rapids 80th Anniversary and update, Turning Point Retreat, Heartland Area Conference for Young People, National AA Archives Workshop, Request for a Zoom Master for District 8, Call for volunteers for the Cedar River Roundup, Sisters in Sobriety Meeting, Full Measures 14th Anniversary, and the Crossroads 31st Anniversary. Expired flyers have been removed.

In addition, we posted the minutes form the January District 8 meeting, the February Newsletter, and the announcement of the District 8 meeting to discuss the 2024 General Service Conference agenda items for March with day and time TBA and included a link to the proposed agenda items. We corrected the venue of the District 8 monthly meeting on the GSR Info page.

At there are no flyers on the service opportunities page. Previously there were service opportunities for treatment, corrections, the Greater Cedar Rapids Events Committee, CPC, and Grapevine. All of those expired so if you want new information posted then please submit to me and we will post it, even if you don't have a flyer.

This month we updated the contact info at godaddy.com who has our domain name registration.

The Uptime Robot reported that our website was down between 1:34 pm and 1:52 pm on 1/24/24 and between 7:10 pm and 7:20 pm on 2/8/24

Our website had 579 distinct users in the past 30 days, up from 539 last month.

We will continue to upgrade the website and strive to make it as accessible and up to date as possible. Please continue to give me any updates of upcoming events so I can place them on our website. If you see any errors or improvements that need to be made with the website, please direct them to me.

In my capacity as tech committee chair, please let me know if there is anything I can do to help you

Our next District 8 Tech Committee meeting will be Monday, March 11, 2024 at 7 pm by Zoom.

Respectfully submitted,

Dave G.

District 8 Tech Chair / Webmaster

tech@aa-cedarrapids.org

Treatment – Jeremy M (treatment@aa-cedarrapids.org)

Gave a verbal report.

Public Information – Mark S (pi@aa-cedarrapids.org)

Gave a verbal report.

Newsletter – Diane N (newsletter@aa-cedarrapids.org)

Feb newsletter was sent out at the end of January. March's is in full swing to be sent out soon. I attended the area newsletter workshop in January got some new insights and contacts. I am always looking for people to share stories on steps corresponding to the month and open to other ideas or articles for the upcoming newsletters. Please reach out to me at newsletter@aa-cedarrapids.org. Thank you.

In Service,

Diane

Literature – Ben L (literature@aa-cedarrapids.org)

No report given.

Corrections – Al G (corrections@aa-cedarrapids.org)

We still meeting at Anamosa reformatory and no cancelation this past month (Tuesday at 4:00pm). Requirement are: You have to do a 90 minute training at prison and prea yearly to attend meetings. They will notify you with a letter about

training. You will need to notify Alan Garlow at (319)202-8321 to get on a list at the time. You can call Alan Garlow at (319)202-8321 for application or send a message to amy.christianson@iowa.gov to requests an application via hyper link by email. WE NEED TO HAVE VOLUNTEERS .

I attend the Thursday night meeting at the Wentzle center and going well. Any male is welcome to attend the meeting at 6:00am Thursday. David reported jail doing well and He could use outside support. Karla reported the women jail meeting is going well. She could use more. Requirement need 2 years sobriety, sponsored, and worked the 12 steps. You can get hold of Karla. Angie stepping out of working on women center meeting and will try to find someone to take over and can meet with the director and about time and place.

Still working on the work shop but very slow. I need to get hold of area 24 correctional person to check on availability.

Yours in service;

Alan Garlow (district 8 correctional chair.)

Grapevine – Jean R (grapevine@aa-cedarrapids.org)

See flyer attached.

February 2024 Grapevine Report

The AAGRAPEVINE was represented at the Cedar River Round Up February 16-19, 2024

We will also have a Grapevine Table at the 80th Anniversary Event held on Sunday March 24, 2024 at 5:00 PM.

We had two local Audio Grapevine Stories accepted by the Grapevine this year which was a result of the Audio Grapevine Workshop that we gave on zoom last year.

FROM AA GRAPEVINE

- * New Audiobook: Prayer & Meditation
- * 2024 Catalog now available to download
- * Help us spread the word that the apps are here!

Attached is a GV Offer for February.

Additional News from the Grapevine...

Dear Friends and Fellows

AA GRAPEVINE, the international journal of Alcoholics Anonymous, will increase the price of its print magazine for the first time in over 12 years. The new price for a yearly subscription is \$36.00, effective April 15, 2024.

Grapevine has held the print magazine price steady through challenging times over the past four years — with costs for paper, printing, and shipping all increasing substantially. The Grapevine Board recognizes that we can no longer sustain the magazine's costs at the current price. Subscribers will receive discounts when ordering over multiple years, or by purchasing the "Complete" option, which includes the print magazine and full access to the website and our new mobile app. Digital subscription prices will stay at the current rates. Active subscribers will stay at their current rate until their term ends.

Thank you,

Jean R., D8 GV Chair

Cooperation with the Professional Community – Jeff B (cpc@aa-cedarrapids.org)

Gave a verbal report.

Archives – Lynn M (archives@aa-cedarrapids.org)

Hello Everyone in Service!

1) Another stunning Archives Display at the Cedar River Round-up! Many people were exploring the Archives, (because I told them to!!).

I met a gal from Area 78, Canada. She was involved in Archives. Of course I invited her to look at the Display! I hope she did, I didn't see her again.

2) I would appreciate feedback from those who experienced the Archives Display. Good, bad and other!

3) Group History forms available on the table, and also on District 8 website. There are 2 pages. Other Archive-related material on website:

- a) Suggestions for writing Group Histories
- b) Researching Group Histories (2 pages)

4) 27th Annual AA Archives Workshop Sept. 26-29. 2024
Des Moines, IA. NAAAW.org
Dave G. Is our in-person contact.

5) It would be fabulous to attend your Group's business meeting to talk about your Group History. And I continue to seek out Group fliers and Group info.

6) Archives people meet every Friday night at the Marion Industrial Club after the Friday Night Unity Group 8-9pm.

7) Received Group History from The Basic Text Group, Thank you Bill H.!!

In Love and Service, Lynn M.
319-431-4855
archives@aa-cedarrapids.org
lynnm1988@gmail.com

UNFINISHED BUSINESS

- N/A

NEW BUSINESS

- Volunteers to audit 2023 finances.
 - ✓ Wes Y., Dylan V. and Kyle T. to perform Treasurer audit.
- Wes Y. moved to hold supplemental District meeting March 4 to discuss GSC agenda items.
 - ✓ 2nd by Al G. motion passes
- Joe P. moved to move stewardship responsibilities for District 8 service position description (formerly SOP's) from Alternate DCM to Guidelines Chair.
 - ✓ Motion seconded by Lynn M.
 - ✓ Motion adopted
- Josh H. moved that District 8 authorize Alternate DCM to file an Articles of Incorporation with the State of Iowa Secretary of State, on behalf of the District, at a fee of \$20.00, to initiate the first step in establishing a federal EIN for Nonprofit status.
 - ✓ Motion seconded by Jess Z.
 - ✓ Motion adopted
- Joe P. moved that District 8 elect a new Literature chair next month.

- ✓ Motion seconded by Jess Z.
- ✓ Motion fails
- ☐ Dave G. moved that our illustrious DCM contact Ben L to see if he wants to stay on as Literature Chair.
 - ✓ Motion seconded by Al G.
 - ✓ Motion adopted

GROUP REPORTS

- ☐ Several groups gave verbal reports
- ☐ Sunday Morning Breakfast Meeting
 - ✓ Im Jesseca an alcoholic, GSR for the Sunday Morning Breakfast Meeting. Held at 830 am in the BIG room in the basement of the Marion Industrial Club on Sunday Mornings. We hold discussion on a reading from the Big Book and our meetings generally last about 90 minutes. If you are looking for a fantastic way to spend your Sunday Mornings come hangout with us!
 - ✓ Upcoming Anniversaries-
 - Chasity 6 months Feb 25th
 - California Mike 12 yrs March 3
 - Chris and Cody 17 yrs March 10
 - Erik 1 yr March 17th
- ☐ Friday Night Unity Group:
 - ✓ March 29, 2024 Anniversaries:
 - ☐ Kent M. 29yrs.
 - ☐ Lynn M. 36yrs.
 - ✓ There will be cake and more!!!!
- ☐ Earlybird's Group:
 - ✓ March 9, 2024 Anniversary:
 - ☐ Dean R. 15yrs.

Upcoming Events

- ☐ Next District Meetings:
 - ✓ March 4, 2024@ 7 PM (GSC Agenda Items Discussion)
 - Unity Center of Cedar Rapids
 - 3791 Blairs Ferry Rd NE
 - Cedar Rapids, IA 52402
 - ✓ March 18, 2024@ 7 PM (Regular Business Meeting)
 - Unity Center of Cedar Rapids
 - 3791 Blairs Ferry Rd NE
 - Cedar Rapids, IA 52402
- ☐ West Central Regional AA Service Conference
 - ✓ March 1, 2024 @ 8:00 AM - March 3, 2024 @ 5:00 PM
 - Grand Hotel Minot ND
 - 1505 North Broadway
 - Minot, ND 58703
- ☐ 2024 March Area 24 Service Weekend
 - ✓ March 9th and 10th
 - Midnight Garden Event Center
 - 1501 South 17th Ave #2
 - Marshalltown, IA 50158
- ☐ 2024 Area 24 Spring Conference
 - ✓ June 7–9, 2024
 - Dordt University
 - 700 7th St NE
 - Sioux Center, IA 51250

Concept II (Lynn M)

Short Form: The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole society in its world affairs.

Long Form: When, in 1955, the A.A. groups confirmed the permanent charter for their General Service Conference, they thereby delegated to the Conference complete authority for the active maintenance of our world services and thereby made the Conference—excepting for any change in the Twelve Traditions or in Article 12 of the Conference Charter—the actual voice and the effective conscience for our whole Society.

Next Meeting: Concept III (Jess Z.)

Short Form: To insure effective leadership, we should endow each element of A.A.—the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional “Right of Decision.”

Long Form: As a traditional means of creating and maintaining a clearly defined working relation between the groups, the Conference, the A.A. General Service Board and its several service corporations, staffs, committees and executives, and of thus insuring their effective leadership, it is here suggested that we endow each of these elements of world service with a traditional “Right of Decision.”

Adjournment

- DCM adjourned the meeting @ 8:38 PM

Greeter(s) for next Month

- Cheryl T. and Jean R.

Closing

- Closed with the Lord’s Prayer

Next District 8 Business Meeting

- Next District Meetings:
 - ✓ March 4, 2024@ 7 PM (GSC Agenda Items Discussion)
Unity Center of Cedar Rapids
3791 Blairs Ferry Rd NE
Cedar Rapids, IA 52402
 - ✓ March 18, 2024@ 7 PM (Regular Business Meeting)
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