

Iowa 8th District
Box 10722
Cedar Rapids, Iowa 52410-0722
www.aa-cedar-rapids.org

Area 24
Box 1291
Des Moines, Iowa 50305
www.aa-iowa.org

General Service Office
Box 459, Grand Central Station
New York, New York 10163
www.alcoholics-anonymous.org

DISTRICT 8 MEETING MINUTES

March 18, 2024

The meeting was called to order @ 7:08 PM by DCM (Kyle T.)

Non-AA / Non-District Announcements

- N/A

The Serenity Prayer

Welcome New GSRs / Alt GSRs

- Joe Z. from Sunday Night Men's Group

The Agenda

- Wes Y. moves to approve the Agenda
 - ✓ Motion seconded by Lynn M.
 - ✓ Motion adopted

OFFICER REPORTS

Secretary – Todd H (secretary@aa-cedar-rapids.org)

- Lynn M. moves to approve the Secretary Report
 - ✓ Motion seconded by Jess Z.
 - ✓ Motion adopted

Good evening District 8!

Thank you again for allowing me the privilege to serve as your Secretary! Nothing really to report this month. Please let me know if anyone wants to be added to the District email list.

Yours in Love and Service,
Todd H (319) 310-2730

Treasurer – Alissa N. (treasurer@aa-cedar-rapids.org)

- Report below and Spreadsheet attached to email
- Kaleb S. moves to approve the Treasurer Report
 - ✓ Motion seconded by Lynn M.
 - ✓ Motion adopted

Greetings District 8,

Here is the treasurer's report for the month of March 2024.

Our starting balance for this reporting period was \$3,032.99.

Total debits for the month amounted to \$297.67 of which \$289.67 was for DCM related items. These included; Registration and logging for the upcoming WCRAASC for a total of \$168.93. Reimbursements for past service conference, \$63.90 for gas/mileage and \$50.32 for food. There was also a reimbursement of \$6.52 for copies made. The final debit was \$8 paid via check to the tech chair for copies.

CenturyLink was not debited in February and this is being researched. The previous treasurer moved the auto pay to ACH on 2/12 and we received a confirmation email; however, our payment didn't pull in February and our March invoice shows a balance forward for February of \$43.48. I am working with the previous treasurer to gain access to the account and ensure payment is caught up and auto pull is correct for March.

Total deposits for the month amounted to \$106.00 from 2 group contributions.

Our ending balance is \$2,841.32.

Our prudent reserve is \$1,500.00 which leaves us an available balance of \$1,341.32.

Our literature account has a balance of \$497.79.

9 of 72 Groups in District 8 (13%) have contributed to our District fund in FY24.

Friday Night Hope
Full Measures
Last Call
Marion Friday Night
Mercy Group
New Beginnings
West Highlands
Women Into Action
Women's Fellowship Club

Thank you for the opportunity to be of service,

Alissa N
District 8 Treasurer

Alternate DCM – Josh H (altdcm@aa-cedarrapids.org)

Hello District 8,

I will not be in attendance this month or next month as I have a class that not available a different night. I have asked that someone else note the meeting attendance and collect any flyers or Group Change Forms and send me an image via text or email so I can make those changes as needed.

As for the usual report:

Last month's meeting attendance was 36 total, with 20 Groups represented, and 13 service chairs in attendance.

Please email me any changes that need to be applied to the printable, electronic and virtual meeting lists.

I am forwarding new meeting information to our District Technology Chair so they can keep our meeting list updated on the District 8 website. I

am also forwarding all meeting change information to the Area 24 Alternate Delegate to keep the Area meeting list updated.

Please take a moment to check the Area 24 meeting list, the District website's meeting list, and District 8's printable meeting list for any corrections regarding times, locations, and type of meeting, i.e. Open/Closed, or Zoom/In Person. Thank you.

If your group has made any changes, including new GSR, Alt GSR, or both, and has not submitted a group change form, please do so at your earliest convenience. Group change forms are available on the District 8 website as well as on the table with the sign in sheet and announcements.

In Service,

Josh H.
Alternate DCM
District 8
altdcm@aa-cedarapids.org
402.309.9850

DCM – Kyle T (dcm@aa-cedarapids.org)

Greetings District 8

- ❖ Since we last met, I attended the following meeting and events:
 - I attended the Women Into Action Group Speaker Meeting Monday February 26th at 7PM
 - I attended the West Central Regional AA Service Conference March 1st thru 3rd via Zoom
 - I attended the supplementary District 8 Meeting to discuss GSC Agenda Items March 4th
 - I attended the March Service Weekend in Marshalltown March 9th and 10th
 - I attended the Sunday Morning Breakfast Meeting Sunday March 17th at 8:30 AM

I am planning on attending all of the listed meetings in District 8 during my term. If you'd like me to attend your homegroup before our next District Meeting please let me know.

Wes Y. and myself did complete an audit of the 2023 finances and the numbers are good.

In Service,

Kyle Taylor
Kyle Taylor
District 8 DCM
Cell: (319) 651-7765
Email: dcm@aa-cedarapids.org

COMMITTEE CHAIR REPORTS

Tech Chair – Dave G (tech@aa-cedarapids.org)

Jess Z gave verbal report.

Treatment – Jeremy M (treatment@aa-cedarrapids.org)

Gave a verbal report

Public Information – Mark S (pi@aa-cedarrapids.org)

No report given

Newsletter – Diane N (newsletter@aa-cedarrapids.org)

March's newsletter was recently sent out and April's is in full swing. Thank you to those who've submitted articles and ideas thus far. Feel free to share your ideas and articles for upcoming editions. I'd like to remind the GSRs to continue forwarding and/or printing the newsletter in order to be shared with your groups. Thank you for allowing me to be of service in this manner.

In Service,
Diane N
Newsletter Chair
newsletter@aa-cedarrapids.org

Literature – Ben L (literature@aa-cedarrapids.org)

No report given.

Report emailed to Secretary March 19, 2024, from newly elected Literature Chair:

“Hi, my name is Claude M. As of last night [Thanks to all who voted for me] I am now the Literature Chair for District 8. I am just starting on the logistics of getting the inventory, all necessary paperwork and display items to me. If you need to contact me for any reason my number is 319-693-9487 (voice and text). I will let everyone know when I am up and running. I am looking forward to helping everyone with their literature needs. Even if it is just a question, feel free to contact me.

Thank You
Claude”

Corrections – Al G (corrections@aa-cedarrapids.org)

March correctional report

We still meeting at Anamosa reformatory (Tuesday at 4:00pm). We had one meeting cancelled due to a lock down pat month; Requirement are: You have to do a 90 minute training at prison and prea yearly to attend meetings. They will notify you with a letter about training. You will need to notify Alan Garlow at (319)202-8321 to get on a list at the time. You can call Alan Garlow at (319)202-8321 for application or send a message to amy.christianson@iowa.gov to requests an application via hyper link by email. WE NEED TO HAVE VOLUNTEERS.

Any male is welcome to attend the meeting at 6:00am Thursday Wentzle Center. David reported jail doing well and He could use outside support. Karla reported the women jail meeting is going well. She could use more. Requirement need 2 years sobriety, sponsored, and worked the 12 steps. You can get hold of Karla. Jessica asked about the anchor center due to following up with establishing a meeting in center

Still planning work shop probably closer to June. I still need to get hold of area 24 correctional person to check on availability. I will try to call the Chaplin in Viton this month .

Yours in service;
Alan Garlow (district 8 correctional chair.)

Grapevine – Jean R (grapevine@aa-cedarrapids.org)

March 2024 Grapevine Report

Greetings District 8

I attended the GSO Conference Agenda items review presented by Julie S, our Iowa Area 24 Delegate. The review was held in the meeting room at St Mary's Church in Urbana yesterday. There was considerable discussion about the Grapevine and it's finances. Publishing costs are going up and GSO is looking for ways to off set these costs. Julie shared and collected ideas ranging from discontinuing La Vina to adding donation nagware to the Grapevine podcasts and other online publications.

In other Grapevine activities:

Kelly F., the EBUZ GVR, will be setting up a Grapevine display for the 80th AA Anniversary Dinner Sunday March 24th. The dinner event will be held at the Flamingo Restaurant 1211 Ellis Blvd. NW in Cedar Rapids.

Nancy O., the GVR from the Saturday noon women's meeting, recently distributed 25 Grapevines to her group. I gave her an additional 25+ Grapevines for future distributions.

And Ricardo, from the New Beginnings Meeting contacted me about becoming the GVR for his Home group. We met at the "There is a Solution" meeting and I gave him 25 Grapevines and other Grapevine Materials.

Registration to become a Grapevine Representative is easy to do, go to AAGrapevine.org, scroll to the bottom of the page and click on "Resources".

Cooperation with the Professional Community – Jeff B (cpc@aa-cedarrapids.org)

Hello District 8,

As CPC chair, it is my plan to put on a fall seminar for professionals in our District who come into contact with alcoholics. During this reporting period, I gathered information on the Cedar Rapids Public Library's meeting spaces, the process of reserving those spaces, and the restrictions on the use of those spaces.

The Cedar Rapids Public Library has several meeting spaces that are made available to the public and can be reserved up to 90 days in advance. The library has eight spaces available for use, including a conference room with capacity for six people and an auditorium with capacity for 200 people. Based on my review of the spaces, one half of the "Beems Auditorium" would best suit our needs. One-half of the Beems auditorium can seat 75 people auditorium style or 42 people seated at tables facing the presenter. A podium, sound system, projector, and kitchenette are also available for use.

In most circumstances the library does not charge a fee for use of its spaces. Based on my assessment, our intended use of the space would fall within the "free use" parameters. The CPC committee previously discussed providing food and beverage to attendees of the fall seminar. Based on the information I gathered, we would be required to: 1) prepare the food at home, 2) pay a \$2 per person fee to use an "outside caterer", or 3) use Roasters Coffeehouse located at the library to furnish food and beverage(s) for the event. I have reached out to Roasters Coffeehouse for information on catering.

Between now and the next District meeting, I plan to take the following actions:

1. Hold a **CPC Committee meeting on Saturday, March 30 at 10:00 a.m.**, in the **the Fellowship Club basement dining room**, at which the following agenda items will be discussed (and hopefully resolved or firmed-up):
 - a. Date of the 2024 Fall CPC Seminar;
 - b. The 2024 Fall CPC Seminar schedule of speakers/events;
 - c. Proposed budget, including:
 - i. Literature;
 - ii. Food/catering;
 - iii. Other.
 - d. A plan for how the CPC Committee will inform professionals in our District of the Fall CPC Seminar.

2. Prepare a report for the April District meeting with updates on the District 8 Fall 2024 CPC Seminar and prepare any motions that may be necessary to accomplish the same.

If you or anyone you know would like to be involved in planning or executing the 2024 Fall CPC Seminar, please join us on March 30 at 10:00 a.m. or contact me.

Yours in service,

Jeff B.

Archives – Lynn M (archives@aa-cedarrapids.org)

Hello Everyone in Service!

- 1) Group History Forms (2pgs) are available on front table - also available on District website (aa-cedarrapids.org).
 - a) Suggestions for Writing Group Histories and Researching Group Histories also available.
- 2) "Short History of AA in Cedar Rapids" available up front. This presentation was given at the Founder's Day Anniversary on March 11, 2006 on the 62nd Anniversary at the K.C.Hall on Hwy 30 by Dave G.
- 3) 27th Annual AA Archives Workshop Sept. 26-29, 2024
Des Moines, IA. NAAAW.org
Dave G. is in-person contact.
- 4) Seeking out Group Histories, Group Fliers and Group Information.
- 5) Archives people meet Friday night at Marion Industrial Club at 9'ish. After Friday Night Unity Group 8-9 pm.
- 6) For those who have experienced the Archives Display, I would appreciate feedback- good, bad and other.
- 7) Stunning Archives Display ready for the 80th Anniversary on March 24th.

In Love and Service, Lynn M.
319-431-4855.
archives@aa-cedarrapids.org
lynnm1988@gmail.com

UNFINISHED BUSINESS

- N/A

NEW BUSINESS

- Jean R. moved that the literature chair fills the pamphlet rack at Crush and that every pamphlet rack in Cedar Rapids has the pamphlet A.A. for Alcoholics with Mental Health Issues-and their sponsor. (Pamphlet #P-87)
 - ✓ Motion seconded by Jess Z.
 - ✓ Motion failed
- Joe P. moved to approve the cleaned District 8 Service Position Job Descriptions for use immediately
 - ✓ Motion seconded by Lynn M.
 - ✓ Motion adopted
- Ray C. moved to form a committee to look into dividing District 8 into 2 or more Districts.
 - ✓ Motion seconded by Lynn M.
 - ✓ Motion adopted
- Nominations for Literature Chair:
 - ✓ Aaron H., Claud M.
 - ✓ Claud was elected as our new Literature Chair.

GROUP REPORTS

- Several groups gave verbal reports
- Ebuz Group:
 - ✓ Amy N getting 12 years on March 28th.
Cheryl T
- Women's Fellowship Group:
 - ✓ Hello District 8 from Candie, alcoholic, and GSR of Women's Fellowship Group. We meet at noon on Saturdays and are a closed group. We have a speaker the last Saturday of the month. Our February speaker was Alisa N. This month is Laura.
 - We have had 3 returning members pick up white chips. Gabby celebrated 5 years, Becki celebrated 9 years and Barbara will be celebrating 32 years.
Yours in service, Candie
- Kenwood Group:
 - ✓ My name is Kristin H. and I am an alcoholic. I am GSR for Kenwood Grp. We meet Tuesday nights at 8pm at Kenwood Church on 34th St. (A block from the Fellowship Club) and we have a regular attendance of approximately 20 ppl. We have 2 anniversaries this month: Tom K will pick up 23 years tomorrow night, March 19; and, Tom D will pick up 29 years the following week.

We raffle A.A.-approved literature the last Tuesday of the month.
Please join us!

In Service,
Kristin

Upcoming Events

- Next District Meetings:
 - ✓ April 15, 2024@ 7 PM (Regular Business Meeting)
Unity Center of Cedar Rapids
3791 Blairs Ferry Rd NE
Cedar Rapids, IA 52402
- 2024 Area 24 Spring Conference
 - ✓ June 7–9, 2024
Dordt University
700 7th St NE
Sioux Center, IA 51250

Concept III (Jess Z.)

Short Form: To insure effective leadership, we should endow each element of A.A.—the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional “Right of Decision.”

Long Form: As a traditional means of creating and maintaining a clearly defined working relation between the groups, the Conference, the A.A. General Service Board and its several service corporations, staffs, committees and executives, and of thus insuring their effective leadership, it is here suggested that we endow each of these elements of world service with a traditional “Right of Decision.”

Next Meeting: Concept IV (Kaleb S.)

Short Form: At all responsible levels, we ought to maintain a traditional “Right of Participation,” allowing a voting representation in reasonable proportion to the responsibility that each must discharge.

Long Form: Throughout our Conference structure, we ought to maintain at all responsible levels a traditional “Right of Participation,” taking care that each classification or group of our world servants shall be allowed a voting representation in reasonable proportion to the responsibility that each must discharge.

Adjournment

- DCM adjourned the meeting @ 8:47 PM

Greeter(s) for next Month

- Wes Y. and Diane N.

Closing

- Closed with the Lord's Prayer

Next District 8 Business Meeting

- Next District Meetings:
 - ✓ April 15, 2024@ 7 PM (Regular Business Meeting)
Unity Center of Cedar Rapids
3791 Blairs Ferry Rd NE
Cedar Rapids, IA 52402