

**Iowa 8th District**  
Box 10722  
Cedar Rapids, Iowa 52410-0722  
[www.aa-cedarrapids.org](http://www.aa-cedarrapids.org)

**Area 24**  
Box 1291  
Des Moines, Iowa 50305  
[www.aa-iowa.org](http://www.aa-iowa.org)

**General Service Office**  
Box 459, Grand Central Station  
New York, New York 10163  
[www.alcoholics-anonymous.org](http://www.alcoholics-anonymous.org)

## **DISTRICT 8 MEETING MINUTES**

### **April 15, 2024**

The meeting was called to order @ 7:00 PM by DCM (Kyle T.)

#### **Non-AA / Non-District Announcements**

- N/A

#### **The Serenity Prayer**

#### **Welcome New GSRs / Alt GSRs**

- N/A

#### **The Agenda**

- Lynn M. moves to approve the Agenda
  - ✓ Motion seconded by Jess Z.
  - ✓ Motion adopted

### **OFFICER REPORTS**

#### **Secretary – Todd H ([secretary@aa-cedarrapids.org](mailto:secretary@aa-cedarrapids.org))**

- John R. moves to approve the Secretary Report
  - ✓ Motion seconded by Al G.
  - ✓ Motion adopted

Good evening District 8!

Thank you for allowing me the privilege of serving as Secretary. Please let me know if you find any discrepancies in last month's meeting minutes or if anyone wants to be added or removed from the District email list.

Yours in Love and Service,  
Todd H (319) 310-2730

#### **Treasurer – Alissa N. ([treasurer@aa-cedarrapids.org](mailto:treasurer@aa-cedarrapids.org))**

- Report below and Spreadsheet attached to email
- Todd H. moves to approve the Treasurer Report
  - ✓ Motion seconded by Wes Y.
  - ✓ Motion adopted

Greetings District 8,

Here is the treasurer's report for the month of April 2024.

March of 2024 has been restated both the spreadsheet and my report. This was a minor error showing debits prior to them clearing our account and the starting balance formula not working to carry month over month. These items have been updated and no financial impact is of note, simply book of record correction. The district 8 mail box had a delivery from Shane J from Waterloo, IA providing a picture of his attendance at the 80th Anniversary and stated "it was great to attend." I will provide this to Lynn, Archives chair.

For April, our starting balance for this reporting period was \$2,303.07  
Total debits for the month amounted to \$758.77. Tech chair expenses accounted for \$184.23; annual zoom subscription was biggest expense for \$171.09 other items were for photocopies. The DCM had an expense of \$6.52 photocopies. Normal business was Dreamhost for \$10, Anser Iowa for \$470.80 and Century Link for \$87.22. You will recall last month there was a lapse in payment to Century link. I have confirmed this is corrected and the cost paid brought the account current and recurring ACH payments are set up going forward. Total deposits for the month amounted to \$206.00 from 3 group contributions.  
Our ending balance is \$2,855.84.  
Our prudent reserve is \$1,500.00 which leaves us an available balance of \$803.07.  
Our literature account has a balance of \$497.79.

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10 of 75 Groups in District 8 (13%) have contributed to our District fund in FY24.

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Friday Night Hope  
Full Measures  
Last Call  
Marion Friday Night  
Mercy Group  
New Beginnings  
Sunday Morning Breakfast  
West Highlands  
Women Into Action  
Women's Fellowship Club

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Thank you for the opportunity to be of service,  
Alissa N  
District 8 Treasurer

**Alternate DCM – Josh H ([altdcm@aa-cedarrapids.org](mailto:altdcm@aa-cedarrapids.org))**

Hello District 8,

I will not be in attendance this month as I have a few more weeks of class. I do plan to show up next month. I have asked Kyle to note the meeting attendance again this month, and collect any flyers or Group Change Forms and send me an image via text or email so I can make those changes as needed. Thank you, Kyle.

As for the usual report:

Last month's meeting attendance was 38 total, with 22 Groups represented, and 10 service chairs in attendance.

Please email me any changes that need to be applied to the printable, electronic and virtual meeting lists.

I am forwarding new meeting information to our District Technology Chair so they can keep our meeting list updated on the District 8 website. I am also forwarding all meeting change information to the Area 24 Alternate Delegate to keep the Area meeting list updated.

Please take a moment to check the Area 24 meeting list, the District website's meeting list, and District 8's printable meeting list for any corrections regarding times, locations, and type of meeting, i.e. Open/Closed, or Zoom/In Person. Thank you.

If your group has made any changes, including new GSR, Alt GSR, or both, and has not submitted a group change form, please do so at your earliest convenience. Group change forms are available on the District 8 website as well as on the table with the sign in sheet and announcements.

I have attached a corrections meeting flyer, for service opportunities in our District. If anyone has updates, please let me know.

In Service,

Josh H.  
Alternate DCM  
District 8  
altdcm@aa-cedarrapids.org  
402.309.9850

**DCM – Kyle T** ([dcm@aa-cedarrapids.org](mailto:dcm@aa-cedarrapids.org))

DCM Report 4/15/24

Greetings District 8

I have temporarily put my tour of all listed meetings in District 8 on hold, anxiously awaiting the instructions of the committee formed to look into the division of District 8. I have not attended any new meetings or events since we met last.

I was unable to attend the Zoom meeting of the committee formed to look into the division of District 8, but am excited to hear their conclusions.

Finally, it became clear to me on reflection that I owe the District 8 body an amend. At last month's meeting a motion went off topic, and I should have kindly explained that we are only to discuss the motion on the floor. On top of that, an outside issue/entity was discussed for some time. This was a violation of the 10th tradition. I want to be perfectly clear that I am not assigning blame or even implying that anyone did anything wrong apart from myself. It is my responsibility to keep our discussion to the listed agenda items and ensure the 12 traditions are protected and practiced at the District 8 business meeting. Last month I fell short on both. I will do my best to make sure I do not let the meeting get off track like that again. If anyone has any questions about the amend, or wants to discuss it further, I will make myself available for that after the meeting.

In Service,

Kyle Taylor  
District 8 DCM  
Cell: (319) 651-7765  
Email: [dcm@aa-cedarrapids.org](mailto:dcm@aa-cedarrapids.org)

## **COMMITTEE CHAIR REPORTS**

**Tech Chair – Dave G** ([tech@aa-cedarrapids.org](mailto:tech@aa-cedarrapids.org))

The tech committee met by Zoom on Monday, April 8, 2024 at 7 pm. Present were Dave G., Jess Z., and Al R. The committee facilitated a Zoom meeting on March 30 for the district committee that has been charged with looking into restructuring the district. The subscription to the district Zoom account was started on March 27.

Dreamhost sent out a notice by email that we were past due on our monthly payment. It was discovered that the credit card used for payment had been cancelled due to the change in the district treasurer. The treasurer was contacted, the new card information obtained and Dreamhost was paid with autopay set up. The tech committee recommends that the district trusted servant responsible for the job descriptions document update to watch for this at the next change in the district treasurer.

The following changes or updates to the website were made this past month: the Friday upstairs meeting at the Fellowship Club was set as a big book study meeting, the Sisters in Sobriety meeting was added, the Basic Text group meeting was changed from hybrid to in-person only, the updated service chair job description document was added, the March district newsletter was added, the August Concepts Workshop flyer was added, the March district minutes and treasurer's report was added, the Spring Conference 2024 flyer was updated, the Mt. Vernon Candlelight Meeting information and location was corrected, and the April newsletter was added. All expired events and flyers were removed.

The Uptime Robot reports that our website was down between 1:37 and 1:51 am on 3/13/24.

If you want new information posted then please submit to me and it will be posted, even if you don't have a flyer.

Our website had 505 distinct users in the past 30 days, down from 535 last month.

We will continue to upgrade the website and strive to make it as accessible and up to date as possible. Please continue to give me any updates of upcoming events so I can place them on our website. If you see any errors or improvements that need to be made with the website, please direct them to me.

In my capacity as tech committee chair, please let me know if there is anything I can do to help you

Our next District 8 Tech Committee meeting will be Monday, May 13, 2024 at 7 pm by Zoom.

Respectfully submitted,

Dave G.

District 8 Tech Chair / Webmaster

[tech@aa-cedarrapids.org](mailto:tech@aa-cedarrapids.org)

**Treatment – Jeremy M** ([treatment@aa-cedarrapids.org](mailto:treatment@aa-cedarrapids.org))

Hello District 8!

I'm sorry I couldn't be here tonight, but dry them tears, the most satisfactory years of your existence lay ahead.

Not much to report for treatment, other than things seem to be going smoothly. District 8 was asked to begin selecting speakers for the ASAC Sunday night speaker meeting, and I'm grateful to say that AA's from our District have stepped up to be of service.

Lastly, June 29th from 1-5 corrections and treatment will be holding a workshop. More information to come by the end of April. If anyone wants to volunteer to assist one of our district's least creative and tech savvy chairs create a flyer, please reach out to me.

Thank you!

Jeremy

**Public Information – Mark S** ([pi@aa-cedarrapids.org](mailto:pi@aa-cedarrapids.org))

Gave a verbal report.

**Newsletter – Diane N** ([newsletter@aa-cedarrapids.org](mailto:newsletter@aa-cedarrapids.org))

April's newsletter has been distributed and May's edition will be near the end of this month. I'd like to ask that GSRs continue sharing the newsletter with their groups. Thank you to everyone for their submission thus far. If you have suggestions for future editions, please let me know.

In Service,

Diane N

District 8 Newsletter Chair

**Literature – Claude M** ([literature@aa-cedarapids.org](mailto:literature@aa-cedarapids.org))

I have attached a copy of the current inventory. I have things set up to start ordering anything you may need that we do not have on hand. Please contact me on the pamphlets, I have inventoried them but just too many to list.

literature@aa-cedarapids.org  
Cel 319-693-9487  
cmills7218@aol.com

Thank You  
Claude

**Corrections – Al G** ([corrections@aa-cedarapids.org](mailto:corrections@aa-cedarapids.org))

april correctional report

We still meeting at Anamosa reformatory (Tuesday at 4:00pm). We had one meeting cancelled due to a lock down pat month; Requirement are: You have to do a 90 minute training at prison and prea yearly to attend meetings. They will notify you with a letter about training. You will need to notify Alan Garlow at (319)202-8321 to get on a list at the time. You can call Alan Garlow at (319)202-8321 for application or send a message to amy.christianson@iowa.gov to request an application via hyper link by email. WE NEED TO HAVE VOLUNTEERS. I was told 4 volunteers people will be notified by email to do the prea before the training  
Any male is welcome to attend the meeting at 6:00am Thursday Wentzle Center. David reported jail doing well and He could use outside support. Karla reported the women jail meeting is going well. She could use more. Requirement need 2 years sobriety, sponsored, and worked the 12 steps. You can get hold of Karla  
Still planning work shop probably closer to June. I called the Chaplin in Viton and will go up the next few weeks to go to jail with him to discussed requirements volunteer to get meeting going , Chaplin made it sound the sheriff is open to any time .

Yours in service;  
Alan Garlow (district 8 correctional chair.)

**Grapevine – Jean R** ([grapevine@aa-cedarapids.org](mailto:grapevine@aa-cedarapids.org))

Greetings District 8

There is a new GV book release called "Our Twelve Steps" which is a collection of stories from AA members about the joys and challenges of working the program's Twelve Steps of Recovery. Each chapter illuminates a different Step through the experiences of a wide variety of AA members. This volume features all-new, up-to-date stories from the pages of Grapevine, the International Journal of Alcoholics Anonymous. Great for sponsees and AA Step meetings. This book will be available at the AAGrapevine.org website after April 19th.

For those of you who enjoy AA historical archives, there is an online archive of 40,000 searchable results at AAGrapevine.org website.

You can now go to the Grapevine website to buy and listen to Grapevine's Newest Audiobook called Prayer & Meditation (MP3 File).

In the 2024 April Grapevine there is a special section called "Happy Birthday Big Book!"  
To celebrate our beloved Big Book's 85th anniversary, members share their favorite memories and stories.

Speaking of the BB 85th Anniversary, a letter was released today from GSO announcing "A Celebration of the Big Book" Flash Sale, May 1 - July 31, 2024 with 10% of all Big Books, all print formats. Go to the A.A.W.S. web store for additional information after May 1st.

I attended the first social gathering of Sisters in Sobriety held at the Cedar Rapids Gratitude Club and distributed a dozen Grapevines.

Thank you for the opportunity to serve our community.

Jean R., D8 Grapevine Chair

### **Cooperation with the Professional Community – Jeff B ([cpc@aa-cedarrapids.org](mailto:cpc@aa-cedarrapids.org))**

Good evening District 8, Saturday, Mar 30, the CPC committee met at the fellowship club. In attendance was myself, John R, Kristin H. We discussed the fall CPC seminar. We picked 3 potential dates: September 20, October 4, and October 18. We discussed potential speakers and agenda items. We will meet again in the near future. Our next meeting is May 4 at 10am in the basement of the fellowship club.

Jeff B.

### **Archives – Lynn M ([archives@aa-cedarrapids.org](mailto:archives@aa-cedarrapids.org))**

Hello to everyone in Service!

1) Thank you to the Greater Cedar Rapids Area Events Committee for inviting an Archives Display.

2) I have 36 copies of "A Short History of AA in Cedar Rapids". Please take a few for members of your Home Group. I can produce more if people want them. Let's share the info! (And I don't want to cart them around!)

Also available: a) Group History forms. b) Researching AA Group History (Service Material from GSO). c) Suggestions for Writing Your Group's History. ALL AVAILABLE ON: [aa-cedarrapids.org](http://aa-cedarrapids.org).

3) 27th Annual AA Archives Workshop. Sept. 26-29, 2024

Des Moines, IA. NAAAW.org

Registration = \$60.

Day pass= \$25.

Rooms= 179/night + tax + fees.

(reserve rooms by 9-5-24.

4) Archives people meet Fridays at 9'ish pm, after Friday Night Unity Group (8pm) at Marion Industrial Club.

5) Always in search of Group Info. Fliers, History and cool stuff. Thanks to the Groups for the recent acquisition of Histories!

6) Not Archives, though good information = Box 459 = News and notes from the General Service Office. Sign up at [aa.org](http://aa.org).

In Love and Service, Lynn M.

319-431-4855

[archives@aa-cedarrapids.org](mailto:archives@aa-cedarrapids.org)

[Lynnm1988@gmail.com](mailto:Lynnm1988@gmail.com).

### **UNFINISHED BUSINESS**

- N/A

### **NEW BUSINESS**

- Angie S. moved that district 8 form a committee to contact all meetings and groups in district 8 whose meeting place is 20 miles or more from Cedar Rapids to ask if there is a way we can better serve their needs. This committee will report their findings back to the district 8 business meeting.
  - ✓ Motion seconded by Page
  - ✓ Discussion took place. John R moved to amend the motion to include 10 miles or more. Don't remember who provided a 2<sup>nd</sup>. Motion to amend original motion passed.
  - ✓ Joe P. moved to postpone this motion until we hear from committee to research to splitting of District 8 into two or more Districts. 2<sup>nd</sup> by Wes Y. Motion passed.
- Wes Y. (Chairman of the committee formed to research the splitting of District 8) gave the following report of the committee meeting that took place:
  - ✓ **"Committee: looking into dividing the District into two or more districts**

## Committee met via Zoom, March 30th, 2024 @ 2:30pm

In attendance: Caleb S., Diane N., Jeff B., Jess Z., John R., Lynn M. and Wes Y.

We had a lot of good discussion referencing material from chapter 2 (the district and its district committee member) and Appendix F (changing boundaries: redistricting/new delegate area/new region) in our AA Service Manual. We are very blessed to have a committee of people who are as passionate and caring about the District we are serving as this group right here. We, as a group, unanimously agreed that dividing/splitting the district should be the last option pursued. It became apparent quickly that defining and identifying the problem, if there is one, is the first task that needs to be looked into. From that the first clear course of action that came up during our meeting was that we needed to gather information about groups and participation to have transparency about what we are actually looking at. Our Alternate DCM was so gracious to promptly provide us with some current data; our current District meeting attendance averages from 16-25 groups represented out of 67, there are 32 groups not represented or inconsistently represented (thank you, Josh for getting us that information). So from here, we came up with several possible approaches that ranged from sending people out to these meetings to establish a line of communication, to creating some questions out to participating and non participating groups. We have a good idea on some basic questions, such as:

1. Does your group participate in District- why/why not?
2. How would it be easier to participate in/with General Service?
3. Do you believe your Group could be better served by another District/subdistrict?
4. Is there adequate contact between your Group and the District?

Mind you, these are some rough preliminary questions we came up with on the fly. Now this is just a semi-brief description of where we are at and what we came up with in our meeting.

Based on the conversation around the initial motion, we understand, there are many different views and opinions that come up when we bring up splitting the district. That being said, we are here asking, first, if we are heading in the right direction that you want us to and for any input or suggestions you may have.

Thank you for the opportunity to serve D8!"

- ✓ Much discussion took place about the motion.
- ✓ Alissa moved Allow sub-committee for district splitting to move forward with gathering more information from Groups, along with DCM continuing to visit Groups for now.
- ✓ Second by Page.
- ✓ Motion passed
- ✓ Joe moved post-poner action on Angie's motion, until the committee gives their final report.
- ✓ Second by Mark. S.
- ✓ Motion passed
- Angie S. moved that the CPC chair, treatment chair, PI chair, and corrections chair work together to identify the location of existing AA literature racks in the community that are not the responsibility of meetings or clubhouses
  - ✓ Motion seconded by Candace.
  - ✓ Motion passed/failed.

## GROUP REPORTS

- Several groups gave verbal reports
- Ebuz
  - ✓ Cheryl T will be getting 11 years on Wed. April 17th.

God bless ya!

Cheryl T

- ❑ Good evening! My name is Kristin H. and I am an alcoholic. I am GSR for Kenwood Group. We meet Tuesday nights at 8pm at Kenwood Church on 34th St. (A block from the Fellowship Club.) We hold our business meetings quarterly with our next meeting being Tuesday, April 30th at 7 pm at Kenwood Church.
- ✓ Kenwood Group raffles A.A.-approved literature the last Tuesday of the month. This month we will raffle a one-year subscription of The Grapevine.

Last week 3 members celebrated anniversaries: Matt R (4-8-19)  
Susi K (4-9-12)  
Everett C. (4-9-81)

Upcoming Anniversaries:  
Kristin H. (4-15-14)  
Randy H (5-4-17)

Please join us!  
In Service,  
Kristin

- ❑ Im Jesseca and I am an alcoholic. GSR for the Sunday Morning Breakfast Meeting!! This is a closed meeting with a big book reading and discussion. By group conscience we have an open ended timeframe, the meeting starts at 8:30am at the Marion Industrial Club and goes until everyone has shared, dont let that deter you from attending, we welcome everyone to come enjoy the coffee, the fellowship and stay as long as you please.
- ✓ Sally will be celebrating 24 yrs with us on Sunday April 28th which will be an open meeting as are all meetings on the LAST Sundays of the Month!

In love and service,

Jess Z

- ❑ Hello District 8 from Candie, alcoholic, and GSR of Women's Fellowship group. We meet at noon on Saturdays at Fellowship club. We are a closed group. We have a speaker the last Saturday of the month. Our March speaker was Laura. This month is Megan.
- ✓ We will be celebrating 2 AA anniversaries on 4/20/24. Kristin will have 10 years and Kelly will have 36 years. That will be an open meeting and guys are welcome to attend. Yours in service, Candie J.

### Upcoming Events

- ❑ Next District Meetings:
  - ✓ May 20, 2024@ 7 PM (Regular Business Meeting)  
Unity Center of Cedar Rapids  
3791 Blairs Ferry Rd NE  
Cedar Rapids, IA 52402
- ❑ 2024 Area 24 Spring Conference
  - ✓ June 14–16, 2024  
Dordt University  
700 7th St NE  
Sioux Center, IA 51250

### Concept IV (Kaleb S.)

**Short Form:** At all responsible levels, we ought to maintain a traditional "Right of Participation," allowing a voting representation in reasonable proportion to the responsibility that each must discharge.

**Long Form:** Throughout our Conference structure, we ought to maintain at all responsible levels a traditional "Right of Participation," taking care that each classification or group of our world servants shall be allowed a voting representation in reasonable proportion to the responsibility that each must discharge.



### **Next Meeting: Concept V (Alissa N.)**

**Short Form:** Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.

**Long Form:** Throughout our world service structure, a traditional “Right of Appeal” ought to prevail, thus assuring us that minority opinion will be heard and that petitions for the redress of personal grievances will be carefully considered.

### **Adjournment**

- DCM adjourned the meeting @ 8:47 PM

### **Greeter(s) for next Month**

- Page, Angie and Dave G.

### **Closing**

- Closed with the Lord’s Prayer

### **Next District 8 Business Meeting**

- Next District Meetings:
  - ✓ May 20, 2024@ 7 PM (Regular Business Meeting)  
Unity Center of Cedar Rapids  
3791 Blairs Ferry Rd NE  
Cedar Rapids, IA 52402