

**Iowa 8th District**  
Box 10722  
Cedar Rapids, Iowa 52410-0722  
[www.aa-cedar-rapids.org](http://www.aa-cedar-rapids.org)

**Area 24**  
Box 1291  
Des Moines, Iowa 50305  
[www.aa-iowa.org](http://www.aa-iowa.org)

**General Service Office**  
Box 459, Grand Central Station  
New York, New York 10163  
[www.alcoholics-anonymous.org](http://www.alcoholics-anonymous.org)

## **DISTRICT 8 MEETING MINUTES**

### **September 16, 2024**

The meeting was called to order @ 7:00 PM by DCM (Kyle T.)

#### **Non-AA / Non-District Announcements**

- N/A

#### **The Serenity Prayer**

#### **Welcome New GSRs / Alt GSRs**

- Will S., New Beginnings

#### **The Agenda**

- Wes Y. moved to approve the Agenda
  - ✓ Motion seconded by Emily O.
  - ✓ Motion adopted

### **OFFICER REPORTS**

#### **Secretary – Todd H ([secretary@aa-cedar-rapids.org](mailto:secretary@aa-cedar-rapids.org))**

Good evening District 8!

Service work this month was business as usual. Please let me know if you find any errors in the previous meeting minutes, need to be added or removed from the District 8 email list. Thank you for allowing me to serve in this capacity!!

Yours in Love and Service,  
Todd H (319) 310-2730

- Lynn M. moved to approve the Agenda
  - ✓ Motion seconded by Jess Z.
  - ✓ Motion adopted

#### **Treasurer – Alissa N. ([treasurer@aa-cedar-rapids.org](mailto:treasurer@aa-cedar-rapids.org))**

- Lynn M. moved to approve the Agenda
  - ✓ Motion seconded by Kaleb S.
  - ✓ Motion adopted

**Alternate DCM – Josh H** ([altdcm@aa-cedarrapids.org](mailto:altdcm@aa-cedarrapids.org))

Hello District 8,

Last month's meeting attendance was 40 total, with 22 Groups represented, and 10 service chairs in attendance.

Everyone please be sure to sign in. The sign in sheet is located by the door on the table with the announcements.

Please email me any changes that need to be applied to the printable, electronic and virtual meeting lists.

I am forwarding new meeting information to our District Technology Chair so they can keep our meeting list updated on the District 8 website. I am also forwarding all meeting / group change information to the Area 24 Alternate Delegate to keep the Area meeting list updated.

Please take a moment to check the Area 24 website's meeting list, the District 8 website's meeting list, and District 8's printable meeting list for any corrections regarding times, locations, and type of meeting, i.e. Open/Closed, or Zoom/In Person. Thank you.

If your group has made any changes, including new GSR, Alt GSR, or both, and has not submitted a group change form, please do so at your earliest convenience. Group change forms are available on the District 8 website as well as on the table with the sign in sheet and announcements.

In Service,

Josh H.  
Alternate DCM  
District 8  
[altdcm@aa-cedarrapids.org](mailto:altdcm@aa-cedarrapids.org)  
402.309.9850

**DCM – Kyle T** ([dcm@aa-cedarrapids.org](mailto:dcm@aa-cedarrapids.org))

Greetings District 8

Since we last met, I attended the Kickoff Event for The Iowa Young People in Alcoholics Anonymous Monday September 2nd. It was well attended, and the speaker presented a great message of recovery.

This past Saturday I attended the Last Call Group's annual picnic at Bever Park. Great food and fellowship.

Finally, a reminder that the Area 24 Fall Conference is coming up October 11th thru 13th. Area elections will be held.

In Service,

Kyle Taylor  
District 8 DCM  
Cell: (319) 651-7765  
Email: [dcm@aa-cedarrapids.org](mailto:dcm@aa-cedarrapids.org)

## **COMMITTEE CHAIR REPORTS**

**Guidelines – Joe P.**

Greetings District 8 –

Tonight, we elect the subcommittee chairs and officers who will act as our leaders, Trusted Servants, for the next two years. As you go through this process, remember to keep in mind the words of the 9th Concept that remind us of the

importance of good service leadership. The work we do here is what smooths the road for the alcoholic who does not know there is hope, or where to find it. If the work of the District is not done, meetings will continue to meet, coffee will still be consumed in prodigious amounts and those of us already warm and safe in these halls will still enjoy the fellowship of our friends. And alcoholics from the outside will still trickle in. But our work here is to ensure that we have reached out our hands to every alcoholic and made every effort to clear the path for them. Please do not underestimate the importance of this work. Sermon, over.

It is with those words that I regretfully resign my position. The most important thing in my life is Alcoholics Anonymous, and the gift of peace that service has been given to me. When I choose to take it. But life (or God?) has a way of calling for change, and I am reminded of the impermanence of all things. Some of the changes in my life today have involved moving to Coralville, and that, along with a list of changes too long to lay out here, has led me to turn over this service to someone better able to complete it. It has been a long run in service to District 8 for me, and it will be strange to not be involved here.

I don't know if District 8 needed me, but I sure needed it, and am eternally grateful for your welcome, your patience and your love. My passion for this work comes from knowing how important it is to a single alcoholic – which I know, because I am that alcoholic.

I'll close with a story I first heard from Peggy M. of Bellevue, Nebraska:

Walking along the beach one evening as the tide receded, I came across a man. As I got closer, I saw a field of starfish scattered in the damp sand, who were dying in the air. He was picking them up, one at a time, and gently tossing them back to the sea. I stopped and watched him for a little while, before I said to him, "You know, you can't save them all. Why do you keep at it? What difference can it really make?" He turned to me, holding up a single starfish, and smiled. He said, "But it makes all the difference to this one." And he turned and continued tossing the starfish back into the water.

In Service,  
Joe P.

#### **Newsletter – Diane N ([newsletter@aa-cedarrapids.org](mailto:newsletter@aa-cedarrapids.org))**

September's newsletter has been sent out and I've had 2 people step up to write their experience, strength and hope on Steps 11 and 12 for the next few months newsletters. Reminder to GSR's - please forward or print and share with your home group. If anyone has any suggestions or ideas for the newsletter, I'm open to any and all feedback. I've also had a few people inquire with interest to become the Newsletter Chair for the next term, which is exciting. Thank you for allowing me to be of service.

All my best,  
Diane N

#### **Literature – Claude M ([literature@aa-cedarrapids.org](mailto:literature@aa-cedarrapids.org))**

Sales for last month - \$84.00, purchases - \$0. Bank account balance is \$535.00. I have one check for \$84.00 that has not been deposited yet. I will be ordering from GSO later this week anything you need just let me know. If we do not have it in our current inventory we can have it within 1 week.

Thank you  
Claude  
Cel 319-693-9487

#### **Corrections – Al G ([corrections@aa-cedarrapids.org](mailto:corrections@aa-cedarrapids.org))**

No report

**Grapevine – Jean R** ([grapevine@aa-cedarrapids.org](mailto:grapevine@aa-cedarrapids.org))

Grapevine: Current Issue Spotlight:

This month's featured section is "CPC: Cooperation with the Professional Community," featuring stories by AA members rolling up their sleeves and getting involved in CPC service.

Submit Your Story! Upcoming Topics...

Young & Sober — Did you come into AA at an early age? What was that like? What were the challenges? Do you go to Young People's AA (YPAA) meetings, dances, or conferences? (Stories due October 15, 2024) Annual Prison Issue — Did you find AA in prison? What is sobriety like inside? Are you involved in correspondence service or prison sponsorship? We're especially looking for stories by sober incarcerated women serving long sentences. (Stories due November 15, 2024)

AA Around the World—What is AA like in other countries around the globe? How is it different or the same? Do you attend AA outside of the U.S. and Canada? Share your stories! (Stories due December 15, 2024)

More upcoming topics: Atheists/Agnostics in AA, Technology in AA, Remote Communities, and Gratitude.

Important: GV is looking for your experience with each Step and each Tradition: Pick a particular Step or Tradition and share about it! GV runs one every month!

They also need your jokes!

Grapevine celebrates the First Anniversary of the Grapevine and La Viña App with 13,000 subscribers !

Enter the Grapevine Annual Photo Contest

Each year, Grapevine holds a competition for photographers to be featured in our Wall Calendar. We'd love to see your most striking photographs that reflect the joy of living, serenity, and other sobriety themes. Contributors of selected photos will receive a complimentary copy of the new Wall Calendar in which their photo appears and a Grapevine Pocket Planner. You may enter as many photos as you wish.

Entries for the 2026 Wall Calendar must be received by December 1, 2025.

Digital files must be high-resolution—300 dpi minimum.

Photos may be considered for magazine illustrations. Please include your contact information.

Click on "Get Involved" on the AAGrapevine Website for more information!

You may also purchase AAGRAPEVINE Calendars at the Grapevine website.

<https://www.aagrapevine.org/store/annual-wall-calendar>

Julie, our Area 24 Delegate has donated two newly released Grapevine books to be showcased at the District 8 Grapevine Table.

The two books "Our Twelve Steps" and a Spanish version of "Prayer and Meditation" will be on display at the Greater Cedar Rapids Thanksgiving Dinner this Fall.

Thank you for the opportunity to serve you.

Jean R.

District 8 Grapevine Chair

**Cooperation with the Professional Community – Jeff B** ([cpc@aa-cedarrapids.org](mailto:cpc@aa-cedarrapids.org))

CPC workshop is still on for Friday, September 20, 2024 at 1:00 pm at the Ladd Library.

Jeff B.

**Archives – Lynn M** ([archives@aa-cedarrapids.org](mailto:archives@aa-cedarrapids.org))

Hello Everyone in Service!!

1) Group History forms available tonight. Archive documents and info available on [aa-cedarrapids.org](http://aa-cedarrapids.org) under District Business Documents.

2) 27th Annual AA Archives Workshop. Sept. 26-29, 2024

Des Moines, IA. [NAAAW.org](http://NAAAW.org).

Dave G. is our in-person contact.

3) We sort and organize Archives Fridays at 9'ish PM (after the Friday Night Unity Group) at Marion Industrial Club.

4) Always in search of Group info: Histories, fliers and other cool stuff!!

Thank you for your attention!!

In Love and Service, Lynn M.

319-431-4855

[archives@aa-cedarrapids.org](mailto:archives@aa-cedarrapids.org)

[lynnm1988@gmail.com](mailto:lynnm1988@gmail.com)

**Tech Chair – Dave G** ([tech@aa-cedarrapids.org](mailto:tech@aa-cedarrapids.org))

The tech committee did not meet this month because the chair failed to call the committee together. This report was sent to committee members for their approval. They approved.

Our GoDaddy domain name registration was renewed for 1 year on August 19.

Here are the flyers that are currently on our website: 1) Women into Action will be returning to Hope Lutheran Church starting Sept 24th, 2) Meeting Format Change for the Anamosa Group, 3) Softball Grudge Match: Early Birds Welcome Group vs Happy Hour Group — Sunday, September 22, 4) There is a Solution 34th Anniversary Dinner & Speaker Meeting — Thursday, October 3, 5) Workshop for Professionals — The Cedar Rapids Area CPC is hosting a workshop on Friday, September 20, 6) 31st Annual Cedar River Round-Up — February 14-16, 2025, 7) National AA Archives Workshop — September 26-29, 2024, at the Scottish Rite Consistory, 519 Park St, Des Moines, 7) 29th Annual Men's 12 Step Retreat — October 18-20 at Bear Creek Camp, Wyoming, 8) NW Iowa 41st Pre-Winter Rally — November 1-3 at Okoboji, 9) 31st Annual Cedar River Round-Up — February 14-16, 2025 at the Radison Hotel, Cedar Rapids, 10) Fellowship of the Spirit (FOTS) Midwest 2024 — October 11-13, at the Higher Ground Retreat Center, West Harrison, IN, 11) International Convention of AA — July 3-6, 2025, in Vancouver, British Columbia, Canada, 12) Cedar Rapids Events Committee needs Volunteers. Committee meets monthly at 1:00 pm downstairs in the Fellowship Club, 13) Donations Needed for the Area 24 Pink Can Fund, and 14) The Corrections Committee is looking for volunteers. The IAYPAA Halloween flyer was added today.

The change in format of the Anamosa Group was made to the Meeting Guide. The Young People's Group name was changed to the 6-4-5 Young People's Group. The September District 8 Newsletter was posted. The updated District 8 Guidelines were posted.

The Uptime Robot reported the following down times for our website: August 13 at 2:20 am for 3 minutes, August 13 at 2:51 am for 45 minutes, August 13 at 8:42 am for 18 minutes, August 15 at 8:30 am for 18 minutes, August 18 at 9:33 am for 38 minutes, August 20 at 9:04 am for 49 minutes, and August 24 at 8:33 am for 13 minutes. There is never an explanation for any of the reported down times, but there were some storms in August that probably caused some of these.

Our website had 528 distinct users in the past 30 days, up from 489 last month.

We will continue to upgrade the website and strive to make it as accessible and up to date as possible. Please continue to give me any updates of upcoming events so I can place them on our website, even if you don't have a flyer. If you see any errors or improvements that need to be made with the website, please direct them to me. Events that happened this past weekend will be

deleted from the site this week.

In my capacity as tech committee chair, please let me know if there is anything I can do to help you.

Our next District 8 Tech Committee meeting will be Monday, October 14, 2024, at 7 pm by Zoom.

Respectfully submitted,

Dave G.

District 8 Tech Chair / Webservant  
[tech@aa-cedarrapids.org](mailto:tech@aa-cedarrapids.org)

**Treatment – Jeremy M** ([treatment@aa-cedarrapids.org](mailto:treatment@aa-cedarrapids.org))

No report

**Public Information – Mark S** ([pi@aa-cedarrapids.org](mailto:pi@aa-cedarrapids.org))

I will not be able to attend district meeting tonight as I'm in Montana. I have nothing to report.

Mark S.

### **UNFINISHED BUSINESS**

- Reminder that the motion that District 8 form a standing outreach committee and that the DCM be a member of the committee was passed last month. However, no committee was formed or any other action taken. If somebody would like to address this issue, please hold off for New Business.
  - ✓ Decided to meet after the meeting to restart this committee.....

### **NEW BUSINESS**

- Todd H. moved to reimburse Angie H. \$75.48 for expenses related to the district picnic.
  - ✓ Motion seconded by Jess Z.
  - ✓ Motion adopted
- Elections Results for 2025-2026 Term:
  - ✓ Officers:
    - DCM: Dave O.
    - Alt. DCM: Sheryl T.
    - Treasurer: Amanda L.
    - Secretary: Terry M.
  - ✓ Chairs:
    - Guidelines: Lynn M.
    - Technology Committee: Jesseca Z.
    - Public Information: Emily L.
    - Newsletter: Amy B.
    - Literature: Candie J.
      - Before nominations were taken, Dave G. moved that we suspend the guidelines for 2 years sobriety (just for tonight's meeting), if previously was a GSR. John 2<sup>nd</sup>. Motion failed. Minority voice spoke. No one from the majority wanted to reconsider revoting.
    - Corrections: Wes Y.
    - Grapevine: Rose S.
    - CPC: Diane N.

- Archives: Al R.
- Treatment: Tony A.

## GROUP REPORTS

- Several groups gave verbal reports
- Women's Fellowship group:
  - ✓ Greetings District 8 from GSR of Women's Fellowship group. We meet at noon on Saturdays at Fellowship club. We are a closed meeting. We have a speaker the last Saturday of the month. This month is Erin C.

We had several AA anniversaries this month. Rose S 9 years, Holly H. 18 years, and Lois M. 44 years.

Yours in love and service, Candie Junkins.

- Sunday Morning Breakfast Meeting:
  - ✓ Greetings District 8 from

Hello District 8,

My name is Jesseca, I am an alcoholic, GSR for the Sunday Morning Breakfast Meeting held every Sunday Morning at 8:30am Following the Industrial Club Breakfast at the Marion Industrial Club located at 225 35th St in Marion (lower level). Our attendance ranges from 15-30 alcoholics, we are a closed Big Book discussion meeting, except for the last Sunday of the month when we are an open meeting, welcoming non alcoholic family and friends to join us.

Upcoming Anniversaries-

September 29th  
 Bob (Baitshop Bob) D 42 yrs  
 Brett D 42 yrs

October 13th  
 Will 30 days

In loving service,

Jesseca Z

- Kenwood Group:
  - ✓ Good evening, Everybody! My name is Kristin and I am an alcoholic. I am the GSR for. We meet Tuesday nights at 8pm at Kenwood Church on 34th St. NE, about a 1/2 block off 1st Ave., and about a block from the Fellowship Club. We hold our business meetings quarterly with our next meeting being Tuesday, July 30th at 7 pm at Kenwood Church.

Kenwood Group raffles A.A.-approved literature the last Tuesday of every month. Last month our lucky winner received a one-year subscription of The Grapevine. Winner's Choice is the offering at the end of this month.

We have gained 2 new amazing members to our group, Mike Z. and Mark W. If you haven't met them, tomorrow night would be an excellent time to meet them or, if you have, come get reacquainted.

Upcoming Anniversaries:  
 Mike Z (5-27-03)  
 Jim G (6-28-22)  
 Kevin S (7-17-12)

Please join us!  
 In Service,  
 Kristin

## **Upcoming Events**

- Next District Meeting:
  - ✓ October 21, 2024@ 7 PM (Regular Business Meeting)  
Unity Center of Cedar Rapids  
3791 Blairs Ferry Rd NE  
Cedar Rapids, IA 52402
- Area 24 Fall Conference
  - Friday October 11 @ 6:30 pm - Sunday October 13 @ 12:00 pm
    - Abu Bekr Shriners 820 Nebraska ST, Sioux City, IA, United States.
- [National Alcoholics Anonymous Archives Workshop \(NAAAW\)](#)
  - Thursday September 26 @ 8:00 am - Sunday September 29 @ 5:00 pm
    - Scottish Rite Consistory 519 Park St, Des Moines, IA, United States

## **Concept IX (Ross H.)**

**Short Form:** Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.

**Long Form:** Good service leaders, together with sound and appropriate methods of choosing them, are at all levels indispensable for our future functioning and safety. The primary world service leadership once exercised by the founders of A.A. must necessarily be assumed by the Trustees of the General Service Board of Alcoholics Anonymous.

## **Next Meeting: Concept X (Will S.)**

**Short Form:** Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.

**Long Form:** Every service responsibility should be matched by an equal service authority—the scope of such authority to be always well defined whether by tradition, by resolution, by specific job description or by appropriate charters and bylaws.

## **Adjournment**

- DCM adjourned the meeting @ approximately 8:43 PM

## **Greeter(s) for next Month**

- Dave O., Andy D.

## **Closing**

- Closed with the Lord's Prayer

## **Next District 8 Business Meeting**

- Next District Meetings:
  - ✓ October 21, 2024@ 7 PM (Regular Business Meeting)  
Unity Center of Cedar Rapids  
3791 Blairs Ferry Rd NE  
Cedar Rapids, IA 52402